

## Evidence-Based Home Visiting Models in MN

Model	Theoretical Model	Population Served	Length and Intensity of Program	Staff Providing Home Visiting Services
Early Head Start	Emphasizes parents as child's first and most important relationship. Comprehensive, two-generation initiative aimed at enhancing infant and toddler development, strengthening families, and respecting unique development of young children.	Designed for low-income pregnant women and families with children between birth and age 3. Most women and families must be at or below the federal poverty level, and a portion of enrollment must be available to certain children with disabilities.	Women may be enrolled prenatally or after a child's birth, and services continue until a child's 3rd birthday. Services include weekly home visits and two group socialization activities per month.	Home visitors must be a Home Visitor Child Development Associate or have comparable credentials;
Family Connects	Brings families, community agencies, and health care providers together through nurse home visits to provide all families in a service area with support and resources to promote the well-being of newborns.	Designed to serve all families with newborns 2 to 12 weeks old in a defined service area; families with identified needs receive further support.	Universal short-term home visiting targeted to a geographic area. Initial visit when newborn is 2 to 12 weeks old, but may reach families earlier or later when special needs are present. Families with identified needs receive more visits and referrals to services.	Home Visitors receive specialized model training; Home Visitors must be bachelor prepared Registered nurses
Family Spirit	Designed to promote child's development through helping parents gain knowledge in domains of physical, cognitive, social-emotional, and language learning and self-help. Incorporates traditional tribal teachings.	Designed for young Native American parents and their children; may also be used in non-Native populations with high parent and child health disparities.	Flexible design; recommended initiation at 28 weeks gestation, continuing through child's 3rd birthday.	Home Visitors receive specialized model training; Home visitors can be paraprofessionals, professionals, and/or nurses
Healthy Families America	Rooted in belief that early, nurturing relationships are the foundation for life-long, healthy development. Interactions between providers and families are relationship-based, designed to promote positive relationships and healthy attachment, strengths-based, family-centered, culturally sensitive, and reflective.	Designed for parents facing challenges such as single parenthood, low income, history of adverse childhood experiences, substance abuse, mental health issues, or domestic violence. HFA sites select specific characteristics to determine the population to serve.	Families are enrolled prenatally to within 3 months after a child's birth; services provided until child is between ages 3 and 5.	Home Visitors receive specialized model training; Home visitors can be paraprofessionals, professionals, and/or nurses
Nurse-Family Partnership	Shaped by theories of human attachment, human ecology, and self-efficacy; client-centered and driven by client-identified goals. Promotes health of the mother during pregnancy, care of the child, and the mother's personal growth and development.	Designed for first-time, low-income mothers and their children.	Pregnant women are enrolled early in pregnancy, first home visit no later than end of woman's 28th week of pregnancy; services available until child is age 2.	Home Visitors receive specialized model training; home visitors must be bachelor prepared Registered nurses
Parents as Teachers	Based on the theory that affecting parenting knowledge, attitudes, behaviors, and family well-being impacts a child's developmental trajectory. Focuses on three areas: parent-child interaction, development-centered parenting, and family wellbeing.	Local affiliates select characteristics and eligibility of the population to be served. Eligibility criteria may include children with special needs, families at risk for child abuse, income-based criteria, teen or first-time parents, immigrant parents, or parents with low literacy or mental health or substance use issues.	Designed to serve families from pregnancy through a child's entry into kindergarten or through the kindergarten year. A local affiliate may choose to focus services on pregnant women and families with children between birth and age 3. Families can enroll at any point before age 5.	Home Visitors receive specialized model training; Home visitors can be paraprofessionals, professionals, and/or nurses

Sources: HomVEE Model Overviews, found at <https://homvee.acf.hhs.gov/models.aspx>; model descriptions provided by MDH staff, December 11, 2018