

Healthy Children, Healthy Teens, Healthy Schools

# **School Based Health Centers**

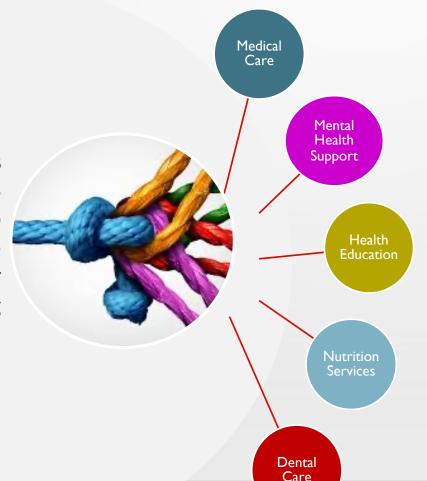
**ACCESS TO CARE** 

MULTIDISCIPLINARY

**IMBEDDED** 

OUTCOMES

School-Based Clinics
offer students
equitable access to
integrated health care
that supports their
learning



Works hand in hand with school nurses

Supports teachers

Aligns with mission to graduate students

Integrates with schools' tiered support system

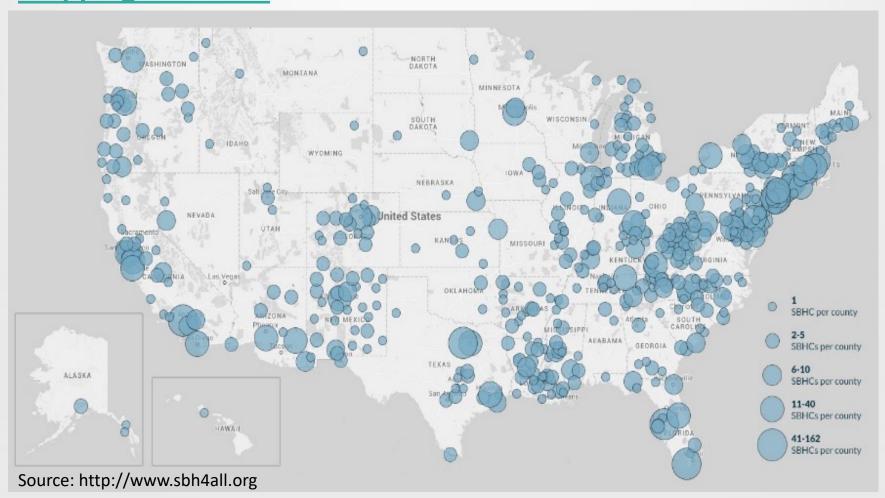
Disrupts disparities in education opportunity

Works for families and with families

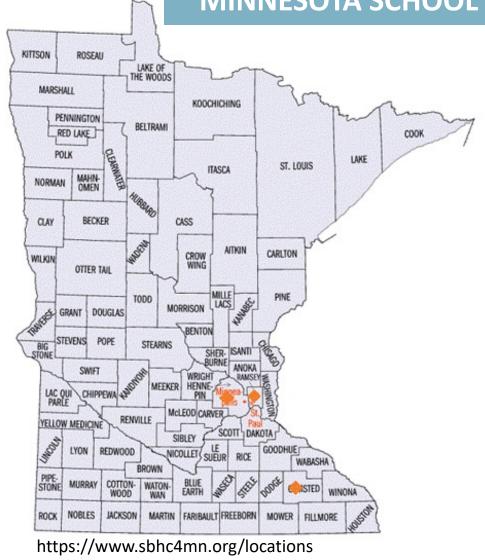
- Increased attendance and time in class
- Improved student behavior / less disciplinary referrals
- Barrier-free access to mental health care
- Lower dropout rates / higher graduation rates
- Improved school climate or learning environment
- Increased likelihood of continuous care

## SCHOOL BASED HEALTH CENTER CENSUS, 2019

## **Mapping Tool 2022**

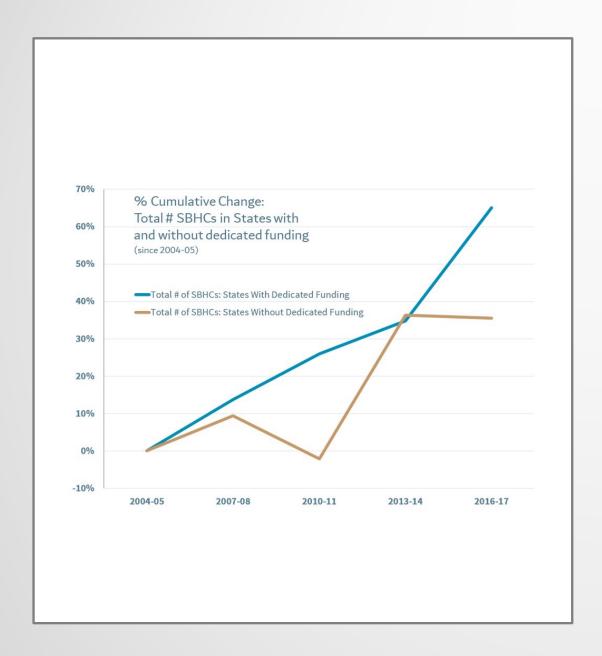


### MINNESOTA SCHOOL BASED HEALTH ALLIANCE MEMBERS



### **27 SBCs IN MINNESOTA**

- Minnesota Community Care
   Health Start Clinics, 11 clinics: SPPS
- NorthPoint Health and Wellness
   2 clinics: MPS and youth program
- Minneapolis Health Department
   8 clinics: MPS
- Park Nicollet Foundation, 4 clinics:
   Richfield, Burnsville, Brooklyn Ctr, SLP
- Ortonville Area Health Services 1 K-12
- Mayo Clinic Community Engagement
   1 clinic Rochester ALC + telemedicine
- Minnesota State University, Mankato
   1 clinic Bloomington
- Rise Up Health Clinics, staffed by
   St. Catherine University Nursing Dept
   Bear Care location in WBL schools





2020-2021 available upon request





- High school graduation is one of MNs strongest indicators of future health outcomes health helps learning, learning helps health
- Dental pain and poor vision are two of the leading negative influences on school performance
- Barriers to care such as stigma, transportation and costs can be overcome in a multidisciplinary school-based setting
- School clinics address the whole child, whole school, whole community
- Economic reviews conclude that the cost savings of SBCs exceed operating costs and can result Medicaid savings
- When health care is accessible in a school environment, students and their families learn about health and wellness, affording healthcare, when to use the ER or clinic, health literacy and even health care careers
- Both kids and parents miss less school if they can use an SBC, and they are less likely to go to an ER.

Hahn RA, Knopf JA, Wilson SJ, Truman BI, Milstein B, Johnson RL, et al. Programs to increase high school completion: a community guide systematic health equity review. American Journal of Preventive Medicine, 2015;48(5):599–608. doi: 10.1016/j.amepre.2014.12.005.

Waszak C, Neidell S. SchoolBased and School-Linked Clinics: Update 1991. Washington, DC: Center for Population Options; 1991.

Anglin TM, Naylor KE, Kaplan DW. Comprehensive SchoolBased Health Care: High School Students' Use of Medical, Mental Health, and Substance Abuse Services. Pediatrics. 1996;97(3):318-330.

(Am J Prev Med 2016;51(1):129–138) Published by Elsevier Inc. on behalf of American Journal of Preventive Medicine

#### **HOUSE FILE 3114**

- PROVIDES STRUCTURE: funding expands schoolbased health initiatives, supports equitable access for all students, and creates structure for a state program office (MDH) and a community-based organization (MN School Based Health Alliance).
- INVESTS RESPONSIBLY: SBCs have proven themselves a durable part of the state's safety net for children, youth and families. Most recently, SBCs have made things easier on schools, health care workers and families during the pandemic.

https://journals.sagepub.com/doi/full/10.1177/15248399211016471

https://www.sbh4all.org/events/school-based-health-centers-in-the-time-

- PROMISES SUSTAINABILITY: SBCs were born in MN 50 years ago, disrupting health care barriers with a model since expanded upon across fifty states. Request for an investment now is a response to the demand for more help in schools and communities as mental health concerns and health care access grows critical.
- ENGAGES FAMILY: Parents report it is hard to meet all the needs of their kids. SBCs are a convenience in a strong community with schools at their center. SBCs create access, ease and outcomes for families and foster a local healthcare workfore.

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