



School-Linked Mental Health

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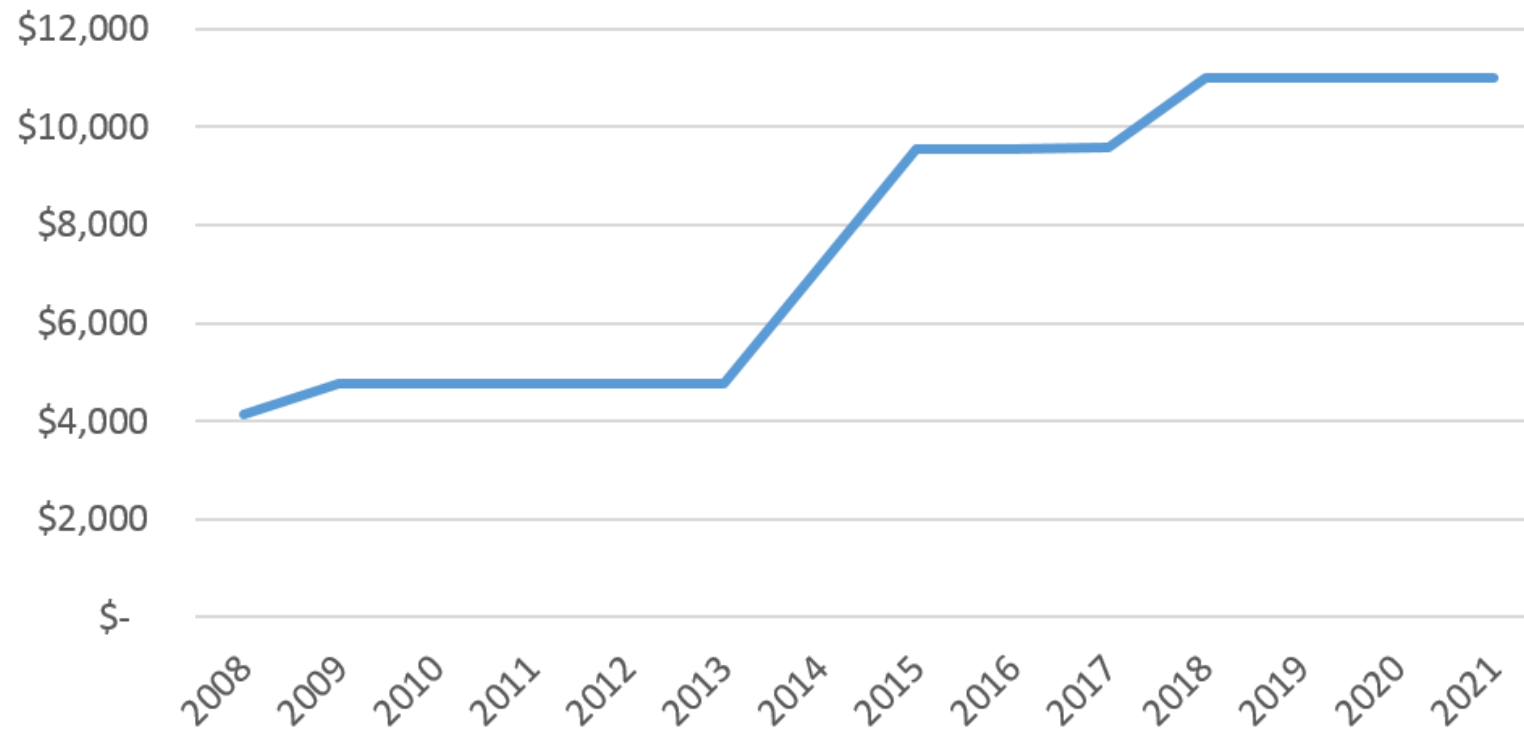
- School-based mental health services reach children in normal, every-day environments. The natural, non-stigmatizing location offers an early and effective environment for intervention.
- School-Linked Mental Health (SLMH) offers:
 - Improved identification of children and youth with mental health needs and disorders
 - Increased accessibility for uninsured and underinsured children to mental health services
 - Improved clinical and functional outcomes for children with a mental health diagnosis
- First started as part of Pawlenty 2007 mental health initiative

- Funded as part of the HHS budget
- DHS is uniquely positioned to succeed in partnership with MDE
 - Training
 - Technical assistance
 - Evidence Based Practices
 - Minnesota Health Care Programs
 - PBIS host schools
- Not all School-Linked Mental Health programs are funded by DHS
 - Some schools imbed mental health professions without a grant
 - Sometimes paid by schools, school districts, and counties

- 2006-2008: Grants to 22 collaboratives
 - \$4 million appropriation
- 2008-2013: First round of SLMH grants
 - 20 grantees serving 65 counties, about 150 districts and 450 schools
 - 22% of the public schools; 46% of the school districts
 - Increased funding in 2013 and 2016
- 2014-2018: Second round of DHS SLMH grants
 - By 2018, grants are expected to serve 779 schools in 83 of Minnesota's 87 counties
 - \$11 million base funding today

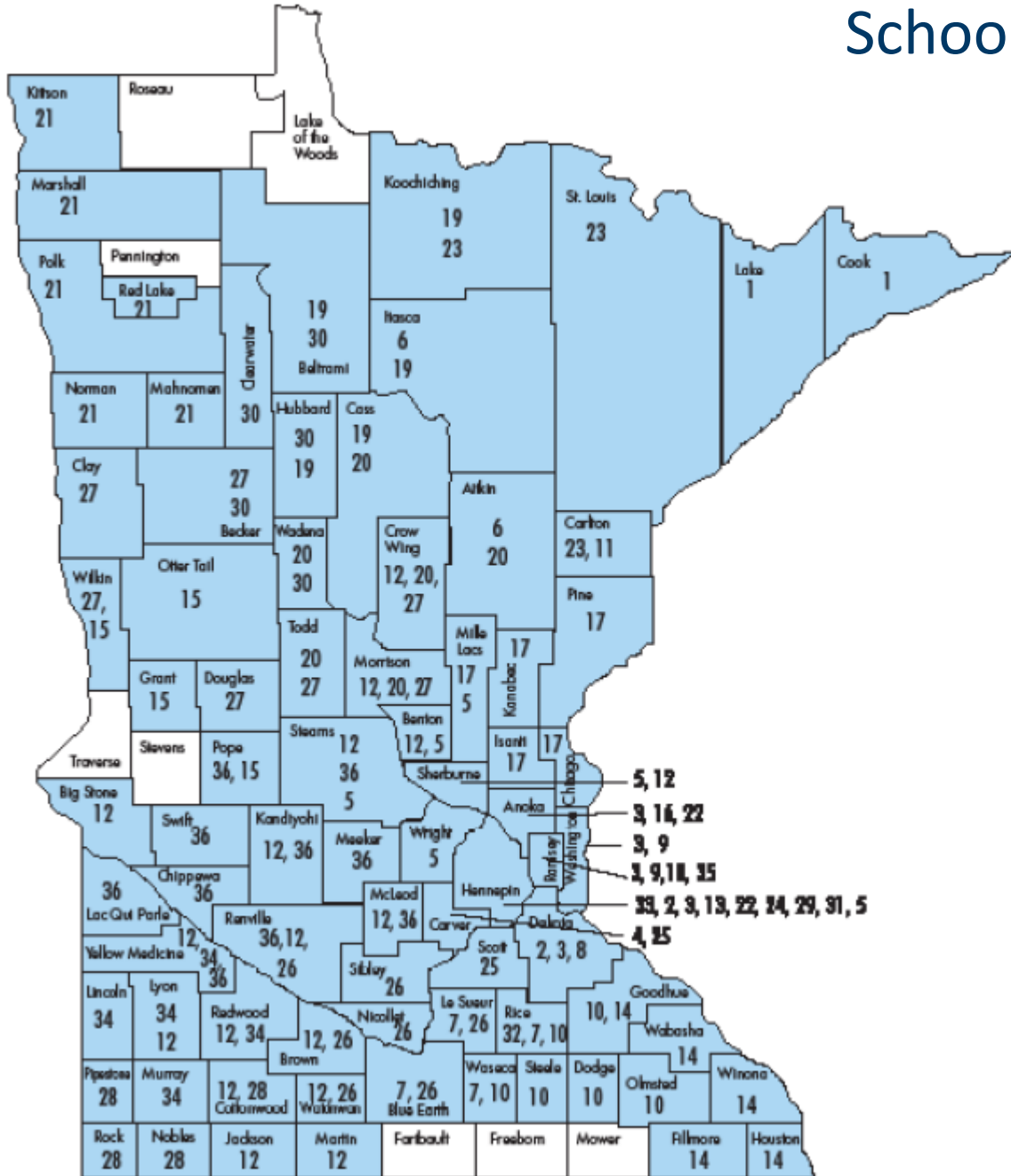
Appropriations

School-linked Mental Health Grant Appropriations



School-Linked Mental Health Grants

5-year grant ending SFY June 2018



- 953 school buildings/programs in 287 school districts
- 14,971 students received mental health services

Next round of grants

- July 2018 – June 2023
- Contract(s) amount to be awarded: \$55,020,000
- RFP published November 2017
- Awards will be announced March 2018
- Services begin July 1, 2018

Changes for 2018 – 2023

- Previous contracts 5 years, now 3-years, with a 2-year amendment based on performance
- Regional approach (using Economic Development Regions)
- Greater focus on outcome reporting
- Greater focus on clinical services using Evidence Based Practices:
 - Managing and Adapting Practice (MAP)
 - Trauma-focused Cognitive Behavior Therapy (TF-CBT)
 - Cognitive Behavior Intervention for Trauma in Schools (CBITS)

Eligible applicants

- MHCP-enrolled mental health clinic/provider agency
- Rule 29
- Tribal Mental Health Authority
- Certified Children's Therapeutic Services and Supports (CTSS) provider
- Practice Groups

School-Linked Mental Health results

- Increased access to mental health services
- Sustained engagement in treatment
- Consultation time with teachers and parents
- Partnerships between local mental health providers and schools

Reaching children for the first time

- Effective in reaching children who have never received mental health services
 - 45 percent of children met the criteria for Severe Emotional Disturbances
 - 47 percent had not received mental health services before
 - 58 percent of students of color had not received mental health services before

New: Innovation grants

- 2017 legislative session invested \$4.9 million in FY 18/19 for Intermediate School District Mental Health Innovation Grant Program
- Program will fund innovative projects to improve mental health outcomes for the unique needs of the youth attending intermediate school districts
- Grants will be awarded to mental health providers who will design the projects in collaboration with the school districts they intend to serve

Innovation outcomes

- Improved clinical and functional outcomes for children
- Improved academic outcomes
- Increased number of students returning to home school district and/or to a least restrictive environment
- Enhanced partnership(s) between school and mental health providers
- Enhanced partnership(s) and alignment with hospitals and psychiatric crisis services
- Reduced use of restrictive procedures
- Reduced staff injuries
- Reduced number of calls to law enforcement
- Reverse the disproportionate impact on students of color
- Provide supports/training for school staff
- Provide supports/training for parents

- September 2017:
 - Intermediate schools submitted responses to a Request for Information outlining the unique needs of their schools and their collaboration with the providers
 - This information was used to inform the RFP
- January 2018:
 - RFP published. Responses due on February 23, 2018
- Technical fix to 2017 legislation underway

Thank you

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