## DEPARTMENT OF HEALTH

#### Infant and Maternal Health Mortality

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Child and Family Health Division



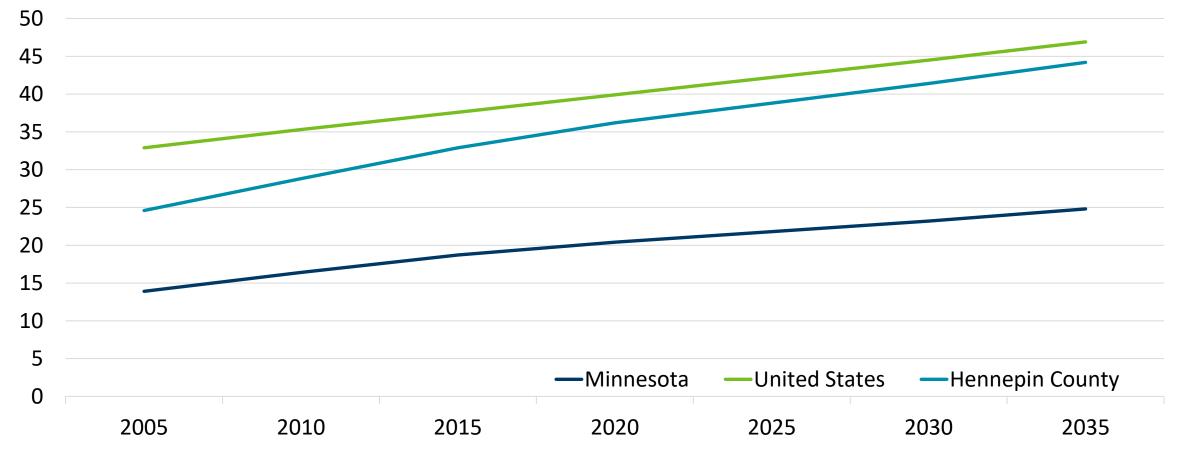


#### **Trends Impacting Perinatal Health**

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#### Percent of Total Population Projected to Be Nonwhite or Latino, by Year



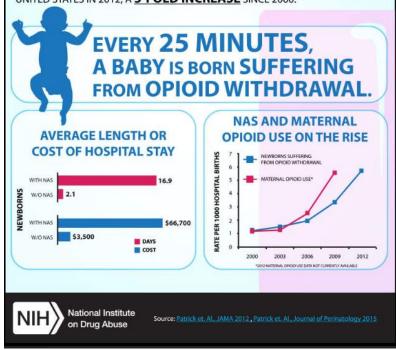
Data Source: Minnesota State Demographic Center

#### Neonatal Abstinence Nationally



#### DRAMATIC INCREASES IN MATERNAL OPIOID USE AND NEONATAL ABSTINENCE SYNDROME

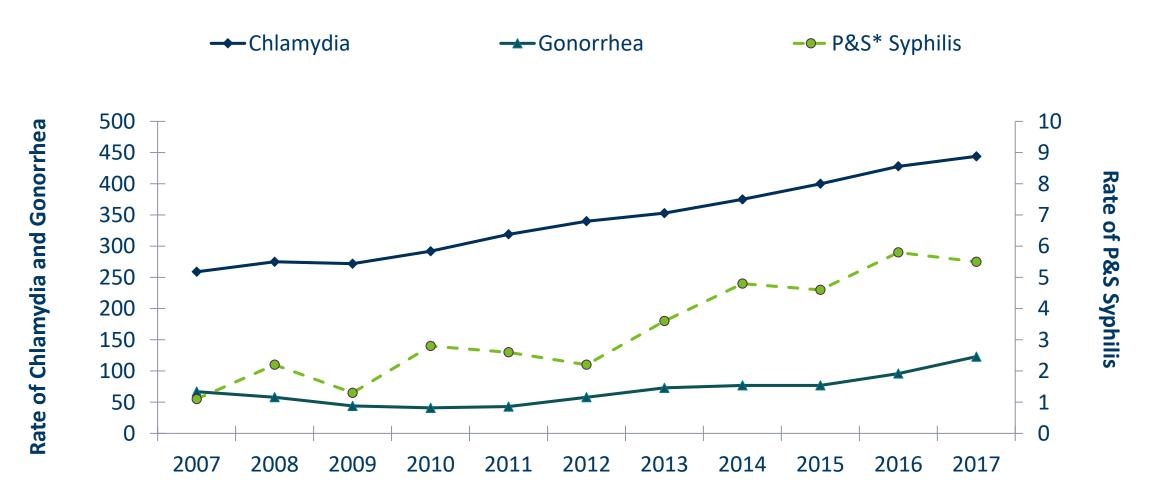
THE USE OF OPIOIDS DURING PREGNANCY CAN RESULT IN A DRUG WITHDRAWAL SYNDROME IN NEWBORNS CALLED **NEONATAL ABSTINENCE SYNDROME** (NAS), WHICH CAUSES **LENGTHY** AND **COSTLY** HOSPITAL STAYS. ACCORDING TO A NEW STUDY, AN ESTIMATED **21,732 BABIES** WERE BORN WITH THIS SYNDROME IN THE UNITED STATES IN 2012, A **5-FOLD INCREASE** SINCE 2000.



Nationally, the rate of babies born with NAS per 1,000 hospital births was 1.2 in 2000, 1.5 in 2003, 1.96 in 2006, 3.39 in 2009 and 5.8 in 2012. The rate of maternal opiate use per 1,000 hospital births was 1.19 in 2000, 1.26 in 2003, 2.52 in 2006, and 5.63 in 2009.

Patrick et. Al., JAMA 2012, Patrick et. Al., Journal of Perinatology.

#### STDs in Minnesota Rate per 100,000 by Year of Diagnosis, 2007-2017

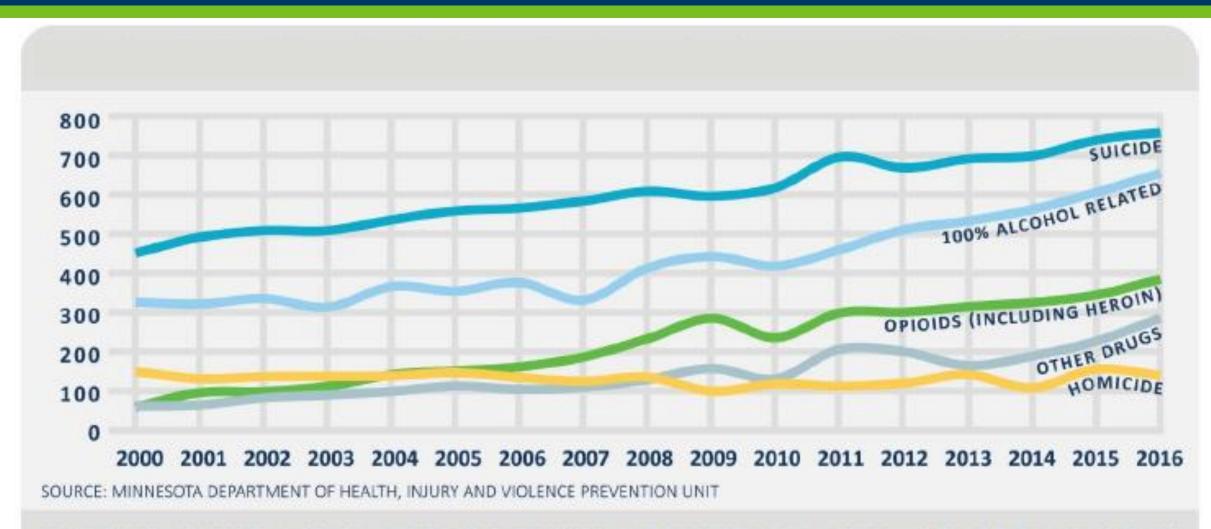


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\* P&S = Primary and Secondary

Source: Sexually Transmitted Disease (STD) Surveillance Report, MN Dept. of Health, 2017

## Deaths in MN from Suicide, Homicide, Alcohol and Drug



DEATHS FROM SUICIDE, ALCOHOL, AND DRUG OVERDOSES HAVE BEEN STEADILY INCREASING OVER THE LAST 16 YEARS.





#### **Infant Mortality**

### Key Fetal/Infant MN Statistics: 2016



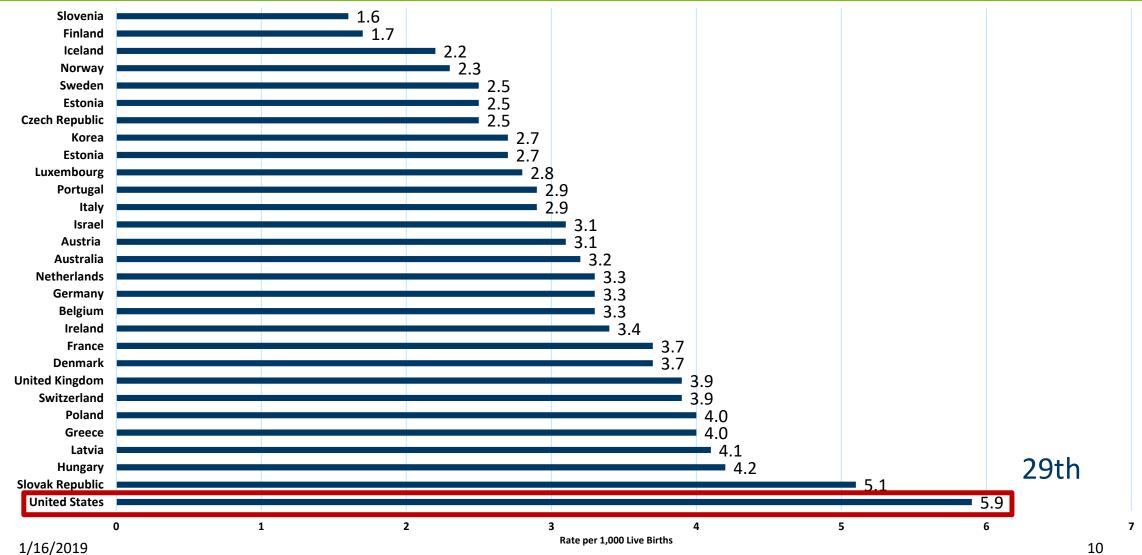
- Live Births: 69,835
- Number of infant deaths (Infants aged < 1 year): 357
  - Number of neonatal deaths (Infants aged < 28 days): 242
  - Number of post neonatal deaths (Infants aged 28 days to < 1 year): 115
- Fetal (Stillbirth) deaths (20+ weeks gestation): 420
- Infant mortality rate per 1,000 live births: 5.1
- Fetal mortality rate per 1,000 live births + fetal deaths: 5.3

#### What Is the Infant Mortality Rate?



- 1. The infant mortality rate (IMR) is expressed as the number of infant deaths per 1,000 live births.
- 2. <u>IMR Calculation Example</u>: In 2014, there were 346 infant deaths and 69,916 live births in Minnesota. What was the infant mortality rate?
  - ✓ 346/69,916 x 1,000 = 4.9 infant deaths per 1,000 live births
  - ✓ Interpretation: In <u>2014</u>, the IMR in <u>Minnesota</u> was 4.9 infant deaths <u>per 1,000 live births</u>.

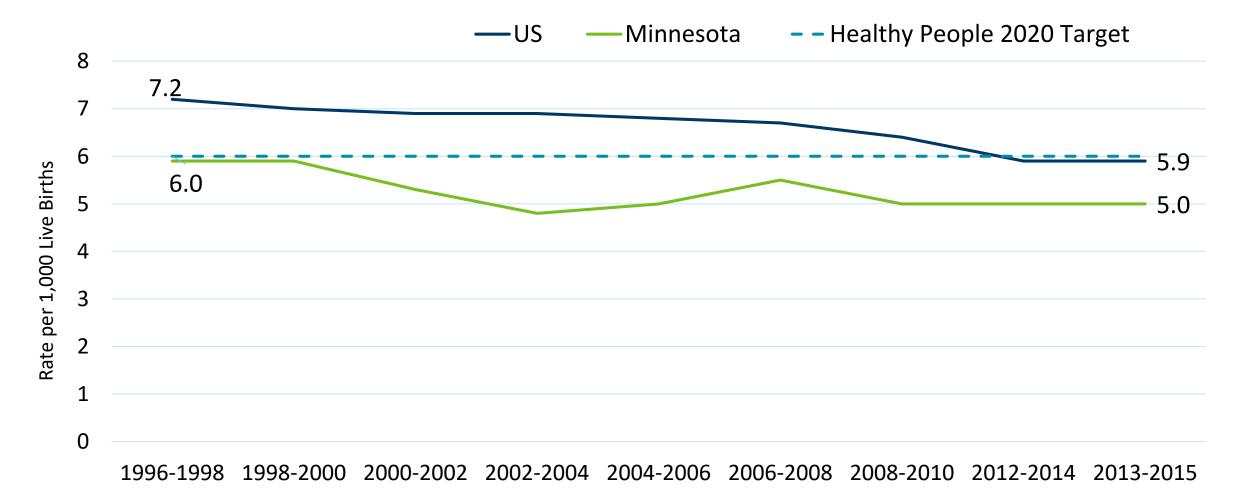
#### Infant Mortality Rates for Selected OECD Countries



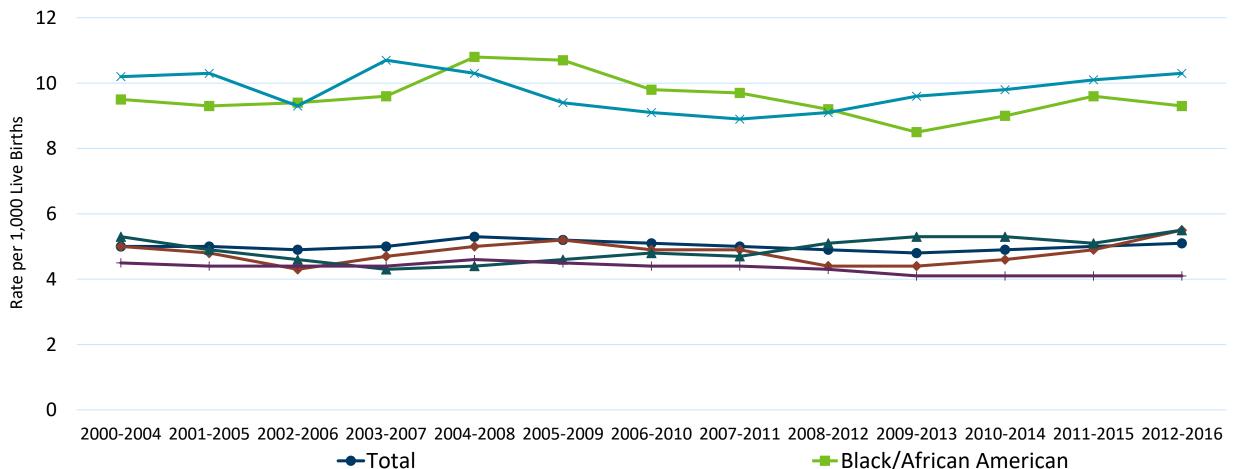
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Source: OECD (2018), Infant mortality rates (indicator). doi: 10.1787/83dea506-en (Accessed on 12 March 2018)





#### Infant Mortality Rates by Race/Ethnicity of Mother, Minnesota 2000-2016<sup>1</sup>



\*Hispanic can be of any race <sup>1</sup>Five-year averages Source: Minnesota Department of Health, Linked Birth/Infant Death File

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- ---- American Indian or Alaska Native
- → Hispanic\*

- --- Black/African American
- Asian/Pacific Islander
- --- Non-Hispanic White

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## Leading Causes of Infant Mortality in Minnesota, 2012-2016



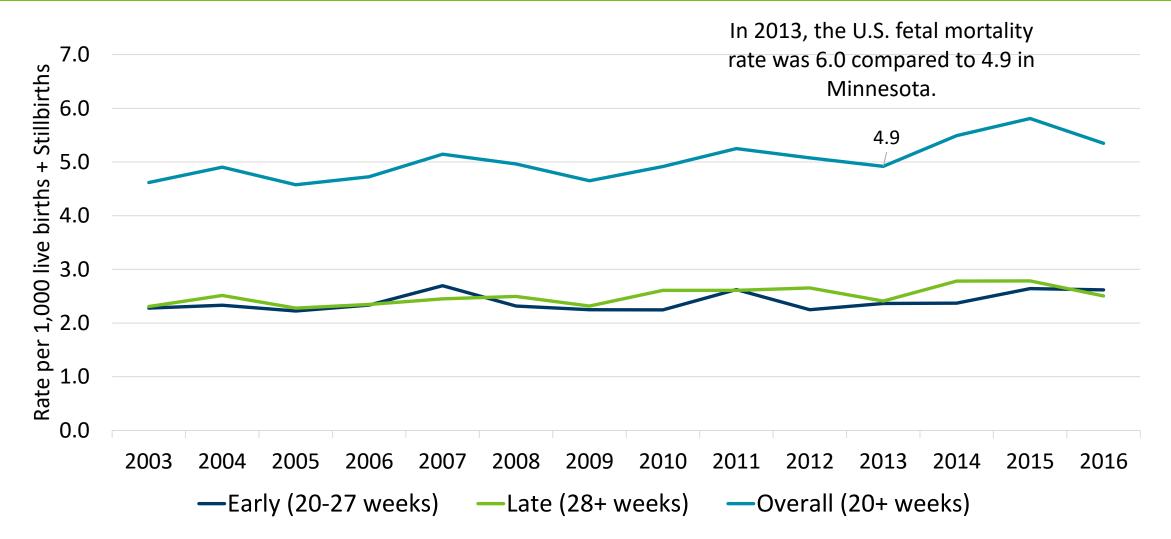
Race/Ethnicity	First	Second	Third	Fourth
Total	Congenital Anomalies(26.0%)	Prematurity (24.7%)	Obstetric Conditions (12.6%)	SUID (12.5%)
Black/African American	Prematurity (26.4%)	Congenital Anomalies (23.0%)	SUID (16.3%)	Obstetric Conditions (12.4%)
American Indian	Obstetric Conditions (31.3%)	#	#	#
Asian/Pacific Islander	Prematurity (34.0%)	Congenital Anomalies (26.7%)	Obstetric Conditions (15.3%)	#
Hispanic*	Congenital Anomalies (25.4%)	Prematurity (23.8%)	#	#
Non-Hispanic White	Congenital Anomalies (27.9%)	Prematurity (23.0%)	SUID/SIDS (12.6%)	Obstetric Conditions (11.0%)

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\*Hispanic can be of any race #indicates unstable proportions; fewer than 20 cases SUID includes SIDS and other sleep-related deaths Source: Minnesota Department of Health. Linked Birth/Death File

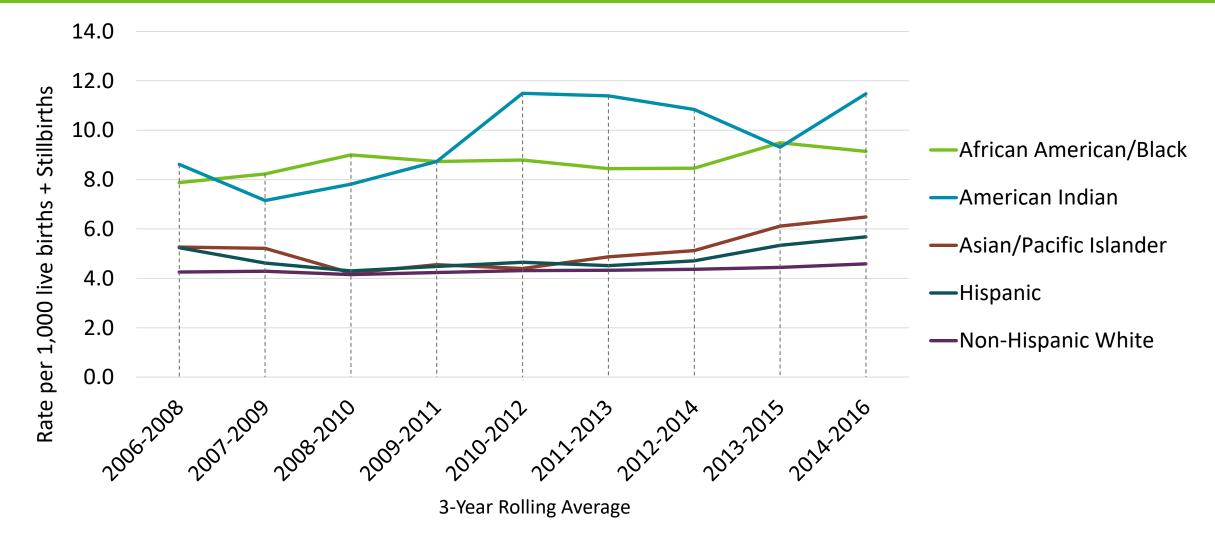
#### Minnesota Stillbirth rates 2003-2016





Data Source: Minnesota Department of Health, Minnesota Resident Final Fetal Death File

# Stillbirth rates by race/ethnicity Minnesota 2006-2016



Data Source: Minnesota Department of Health, Minnesota Resident Final Fetal Death File



## Once a day =

## Many are preventable







#### Fetal and Infant Mortality Review

#### History of FIMR in Minnesota

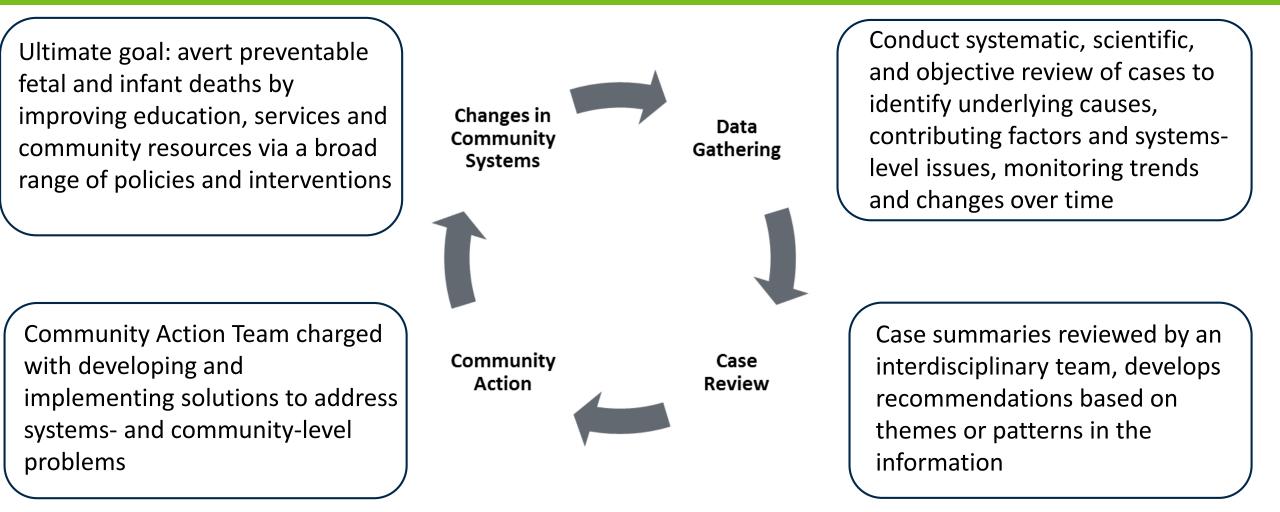




- Statutory authority and resources no longer exists
- Previous statewide American Indian Infant Mortality Review conducted

### What is a Fetal and Infant Mortality Review?



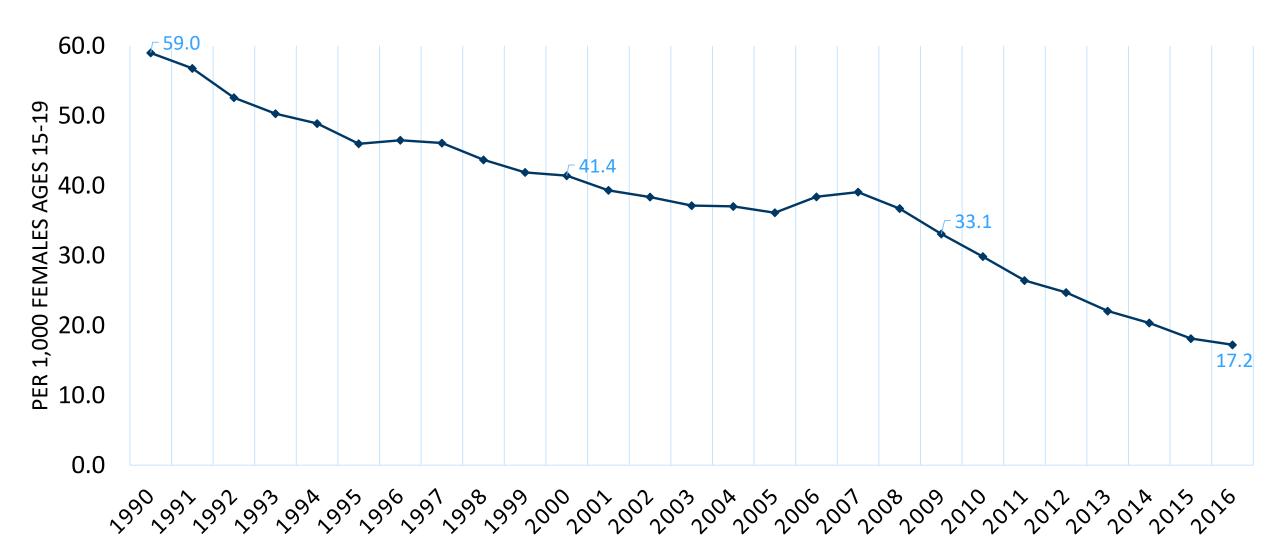






#### Maternal health

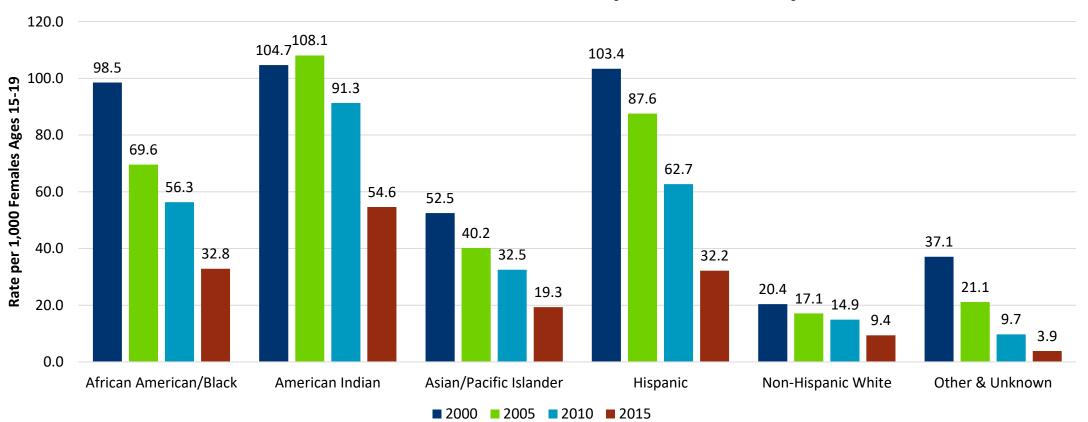
#### Minnesota teen pregnancy rate 1990-2016



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#### Teen Birth by Race/Ethnicity

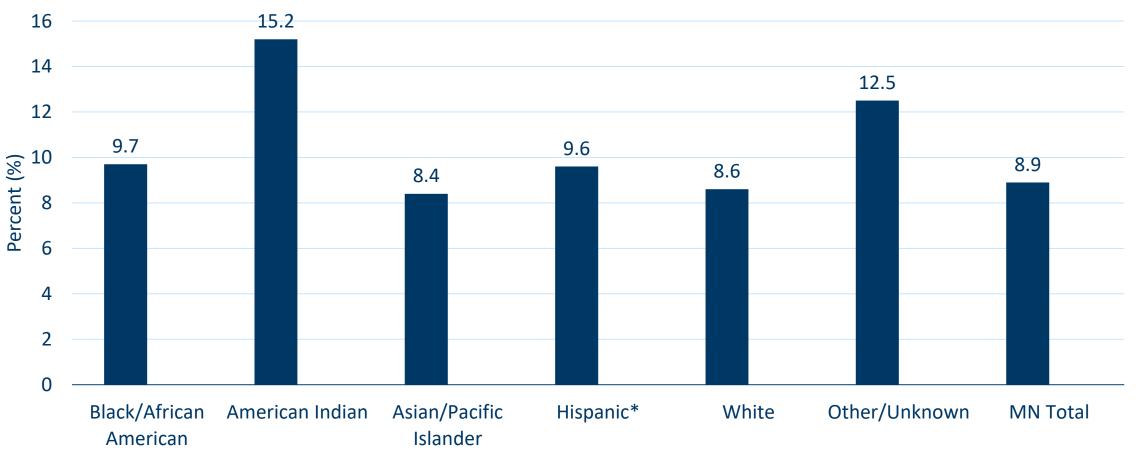




#### Minnesota Teen Birth Rate by Race/Ethnicity

Data Source: Minnesota Resident Final Birth File & US Census Bureau, American Community Survey

#### Percent Preterm Births by Race/Ethnicity of Mother Minnesota, 2017

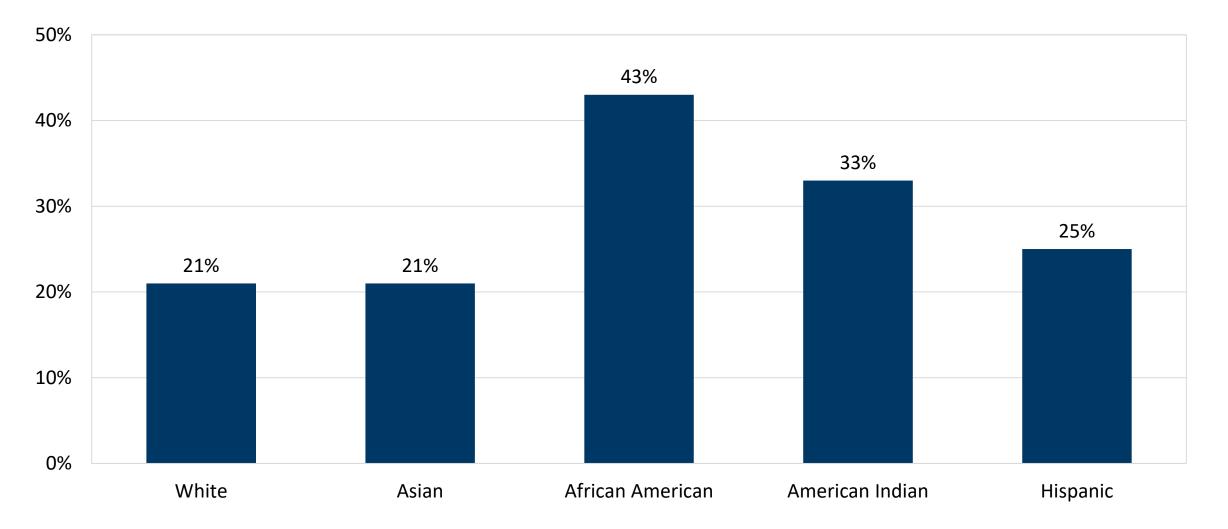


Notes: \*Hispanic can be of any race Preterm births are births that occur before 37 completed weeks of gestation. The data shown are for the percent (%) of all births that are preterm Source: Minnesota Department of Health, Birth File

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#### Percent of Unintended Pregnancies, 2013-2015



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#### Maternal Depression

- Pregnancy a vulnerable time for depression
- Research has demonstrated maternal depression can have a significant impact on infant development
- Prevalence of depression in pregnant and post-partum women range from 5%-25% depending on the source of the information and degree of severity. Can be:
- Mild Baby Blues, 50% 80%
- Moderate Postpartum Depression, 10% 20%
- Severe Postpartum Psychosis, 0.1% 0.2%

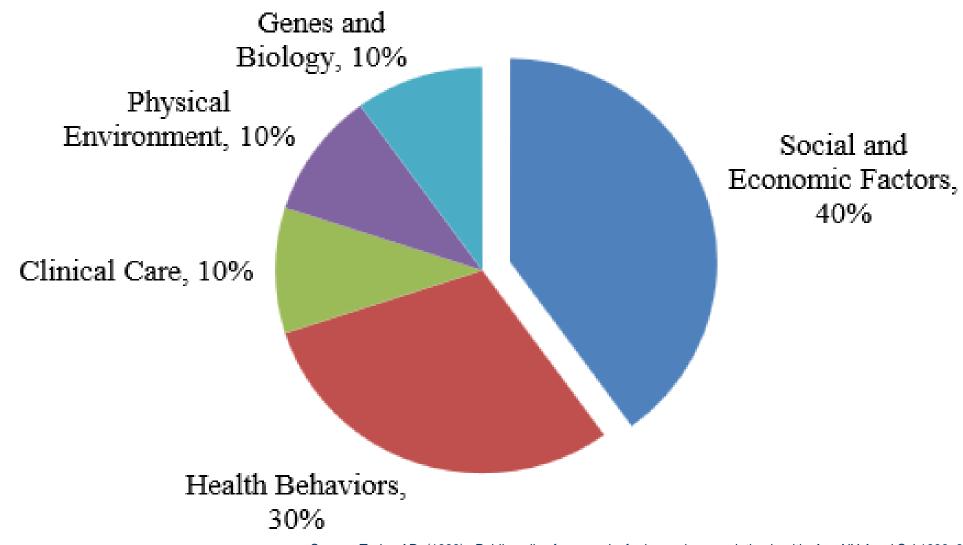


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#### **Determinants of Health**

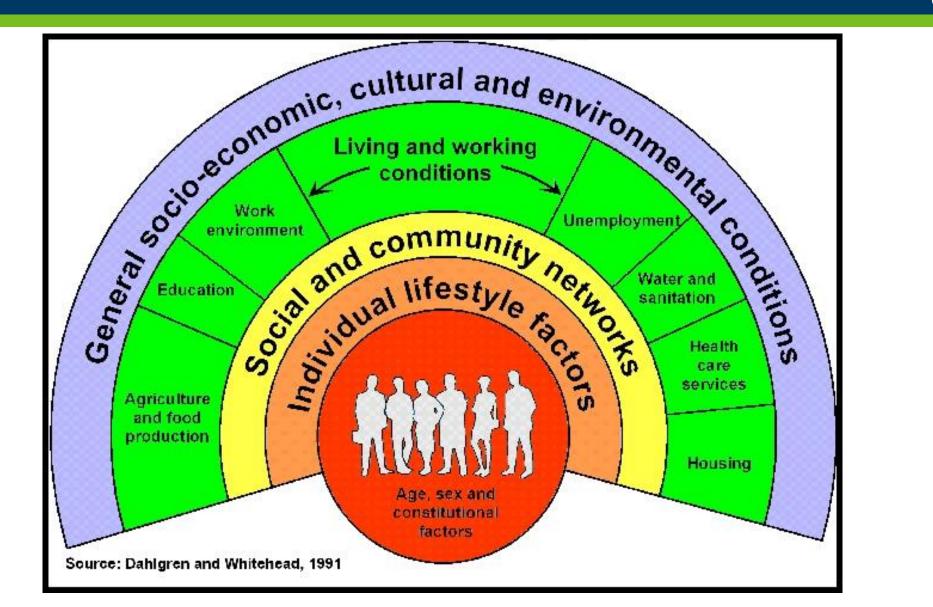




Source: Tarlov AR. (1999). Public policy frameworks for improving population health. Ann NY Acad Sci 1999; 896: 281-93.26

#### **Factors that Influence on Health**



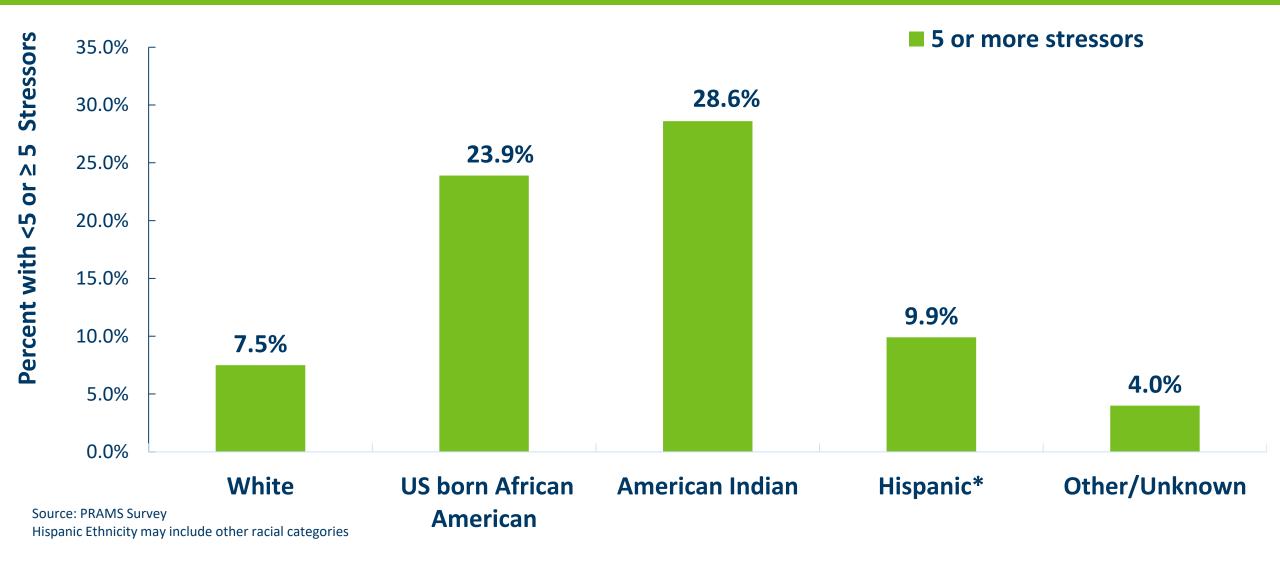




#### **Experiences During Pregnancy**

## Stressors by Race/Ethnicity for pregnant women Minnesota, 2009-2013

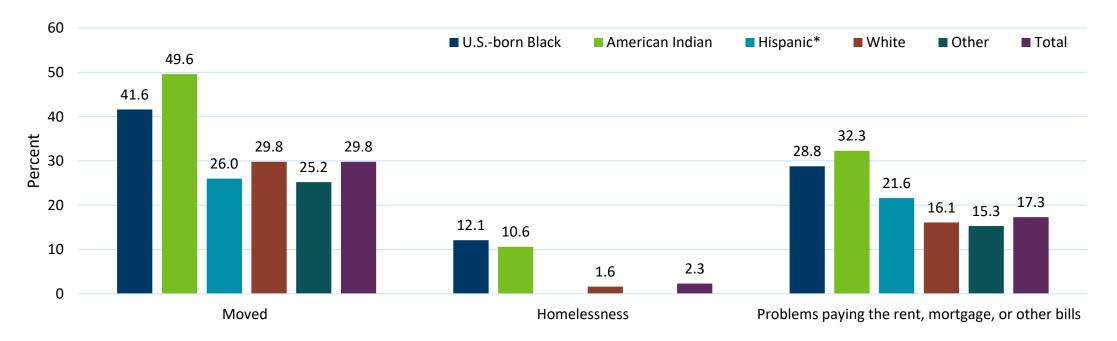




#### Stressful Life Events



Percentage of mothers who reported experiencing housing related stressors 12 months before the baby was born by race/ethnicity: Minnesota, 2012-2015



#### Categories of Stressful Events

\*Hispanic can be of any race

Data not shown when there are fewer than 30 cases

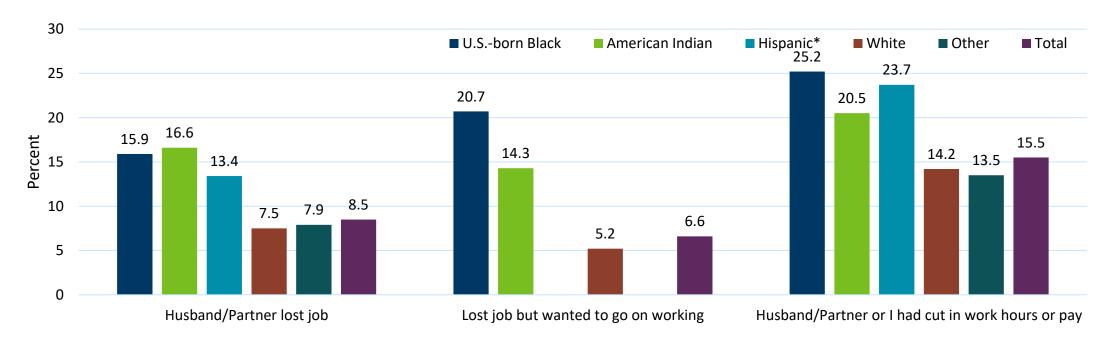
Source: Minnesota Pregnancy Risk Assessment Monitoring System (PRAMS), Minnesota Department of Health, Division of Community and Family Health, Maternal and Child Health.

Funding for MN PRAMS is made possible by grant number: 5U01DP006217-03 from the Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion

#### Stressful Life Events



Percentage of mothers who reported experiencing employment related stressors 12 months before the baby was born by race/ethnicity: Minnesota, 2012-2015



Categories of Stressful Events

\*Hispanic can be of any race

Data not shown when there are fewer than 30 cases

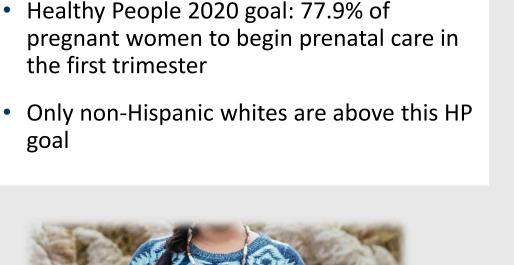
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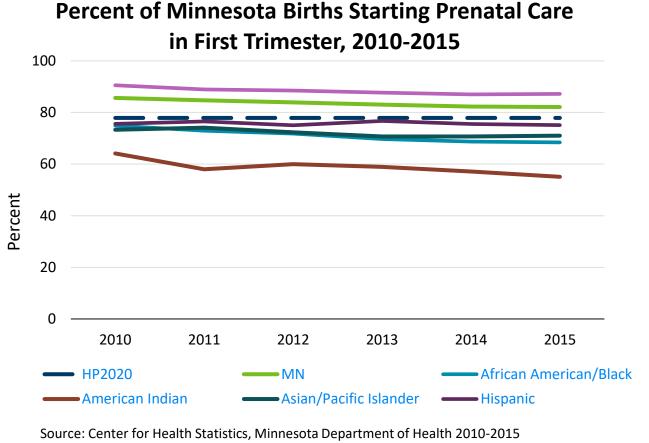
Early access:

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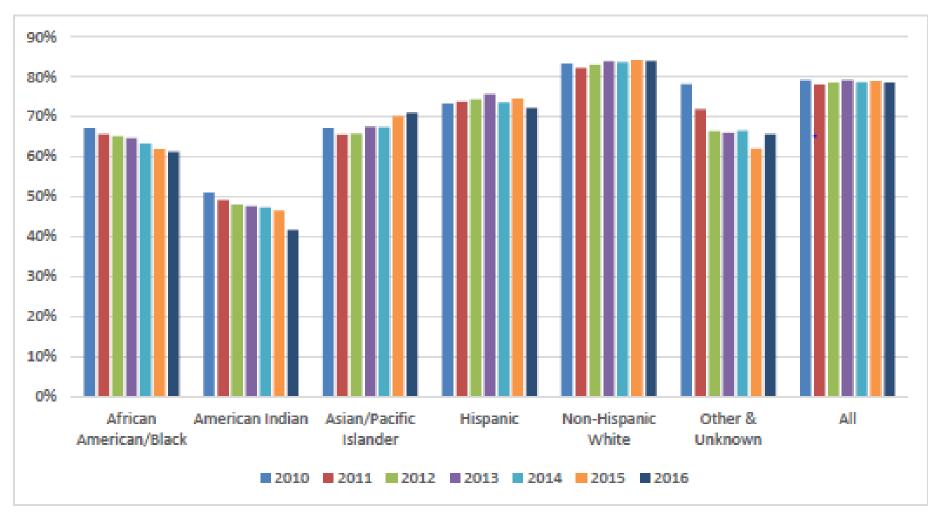
**First Trimester Prenatal Care** 







## Adequacy of Prenatal Care, Minnesota 2010-2016



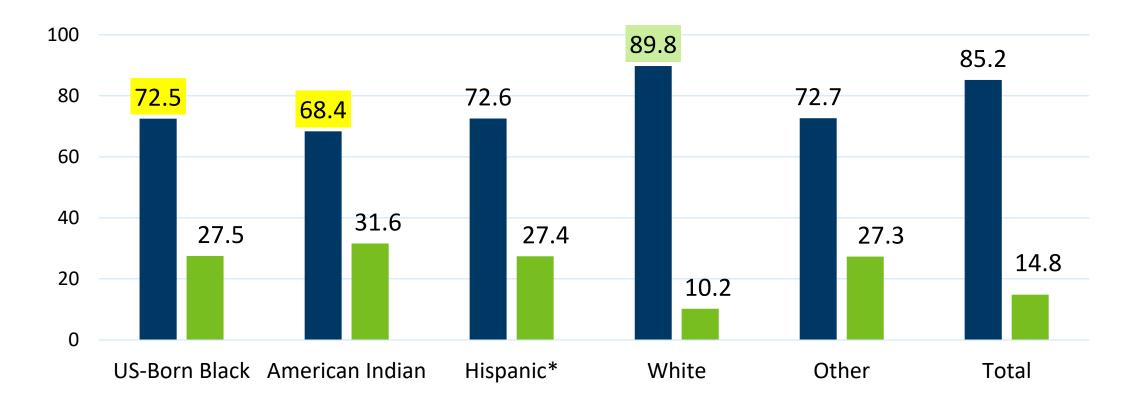
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Source: Vital Records, Minnesota Department of Health, 2010-2016

Note: Race includes people identifying as single race; Hispanic includes any race; \*Kotelchuck Index used to calculate adequacy and includes the 33 number of prenatal care visits from time care began until delivery.

#### Percent Reporting No Prenatal Care First Trimester Minnesota, 2012-2015

• Healthy People 2020 goal: 77.9%



#### \*Hispanic can be of any race

Source: Minnesota Pregnancy Risk Assessment Monitoring System (PRAMS), Minnesota Department of Health, Division of Community and Family Health, Maternal and Child Health. Funding for MN PRAMS is made possible by grant number: 5U01DP006217-03 from the Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease 34 Prevention and Health Promotion

Percent

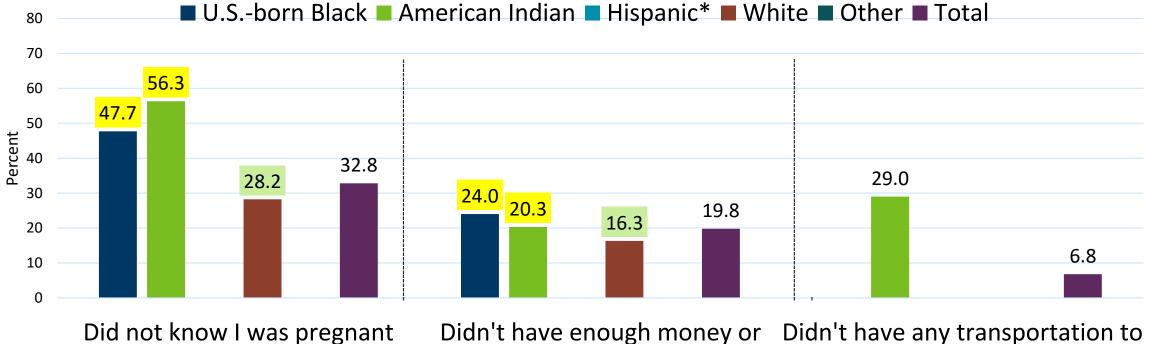
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No

Yes

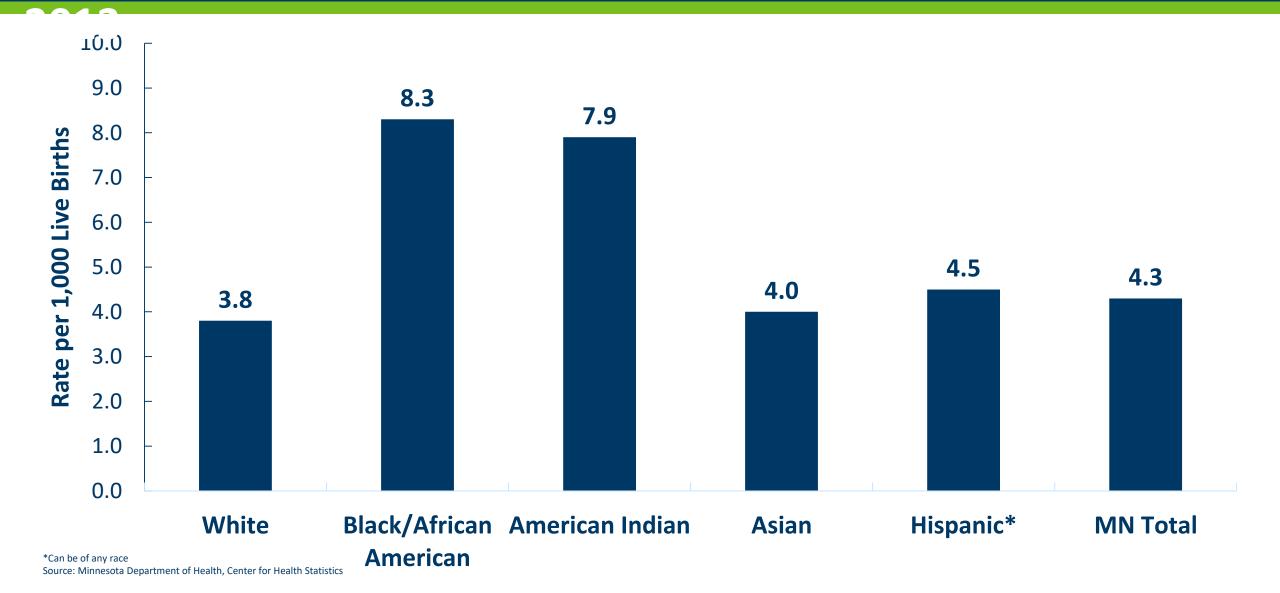


#### Percentage of mothers who reported experiencing the following barriers when trying to access prenatal care Minnesota, 2012-2015



Didn't have enough money or Didn't have any transportation to insurance to pay for my visits get to the clinic/doctor's office

## Infant Mortality disparities persist despite first Trimester Prenatal Care Initiation, Minnesota 2009-



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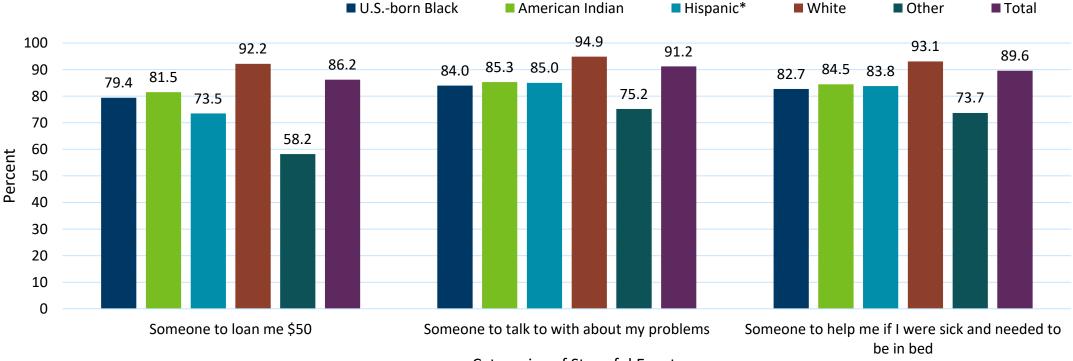


#### Experiences after the baby was born

### Social Support After Pregnancy



Percentage of mothers who reported that they had the following types of social support after their baby was born by race/ethnicity: Minnesota, 2012-2015



**Categories of Stressful Events** 

\*Hispanic can be of any race

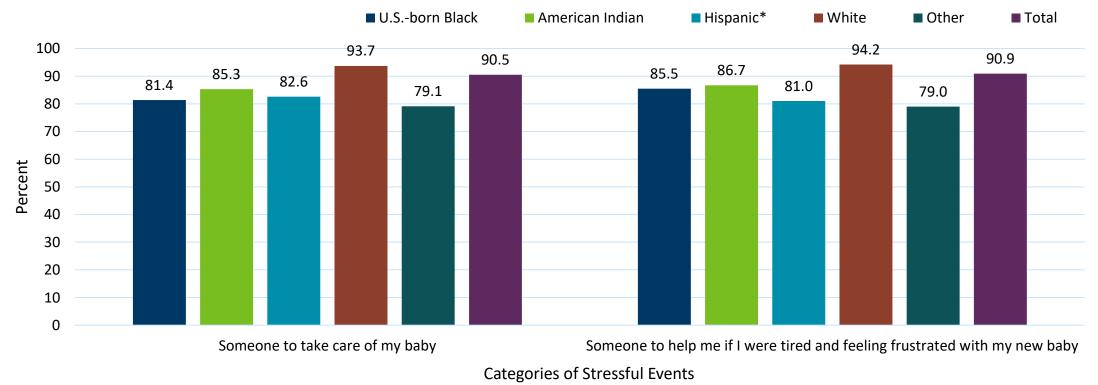
Source: Minnesota Pregnancy Risk Assessment Monitoring System (PRAMS), Minnesota Department of Health, Division of Community and Family Health, Maternal and Child Health.

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## Social Support After Pregnancy



Percentage of mothers who reported that they had the following types of social support after their most recent pregnancies months by race/ethnicity: Minnesota, 2012-2015



\*Hispanic can be of any race

Source: Minnesota Pregnancy Risk Assessment Monitoring System (PRAMS), Minnesota Department of Health, Division of Community and Family Health, Maternal and Child Health. Funding for MN PRAMS is made possible by grant number: 5U01DP006217-03 from the Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion

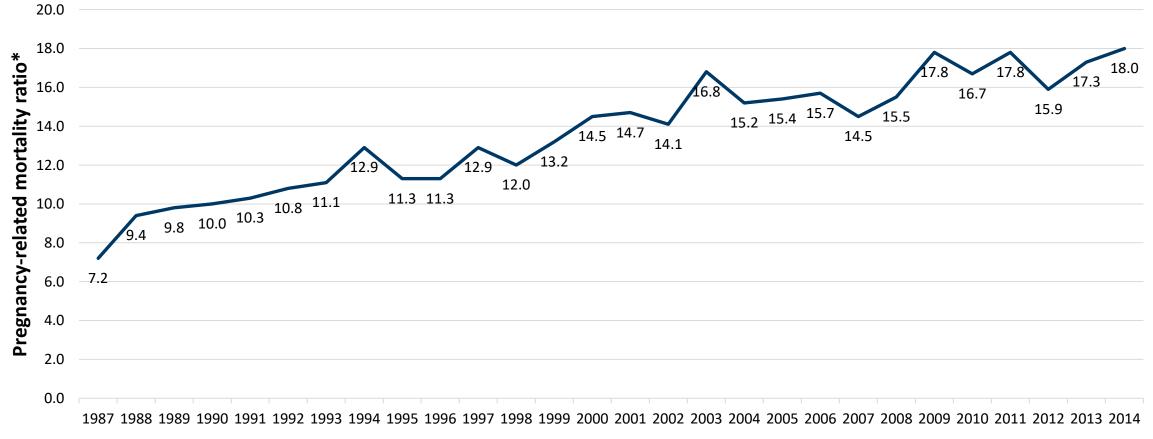


#### **Maternal Mortality**

## National Trends in Maternal Mortality



#### Trends in pregnancy-related mortality in the United States, 1987-2014



\* Note: Number of pregnancy related deaths per 100,000 live births

#### Maternal Mortality Definitions

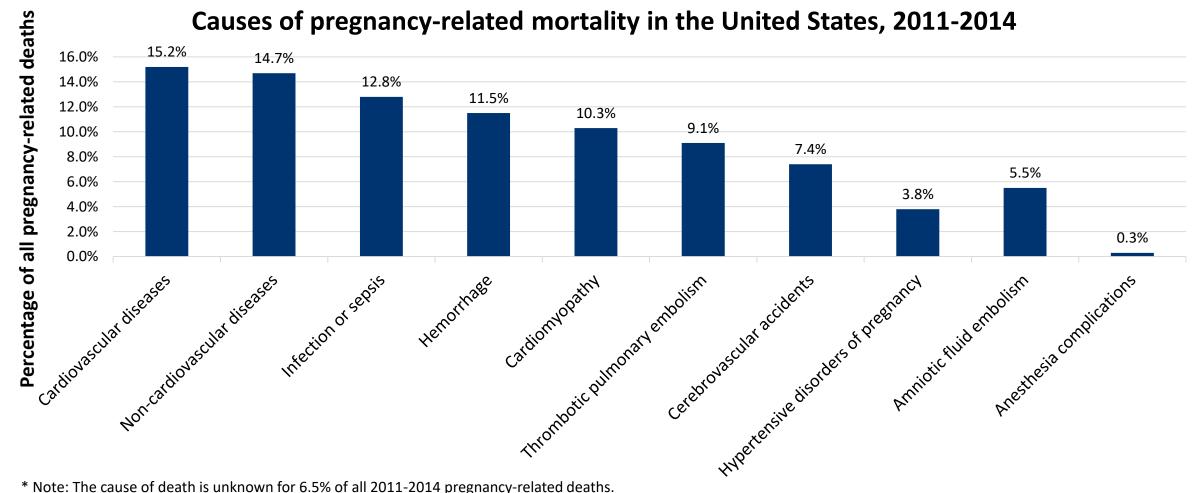


- ACOG and CDC definitions
  - Pregnancy-associated death: The death of a woman while pregnant or within 1 year of termination of pregnancy, irrespective of cause.
  - Pregnancy-related death: The death of a woman while pregnant or within 1 year of termination of pregnancy, irrespective of the duration and site of the pregnancy, from any cause related to or aggravated by her pregnancy or its management, but not from accidental or incidental causes.

Berg, C., Danel, I., Atrash, H., Zane, S., & Bartlett, L. (2001). Strategies to reduce pregnancy-related deaths: From identification and review to action. *Centers for Disease Control and Prevention*: 1-214

#### National Maternal Causes of Death

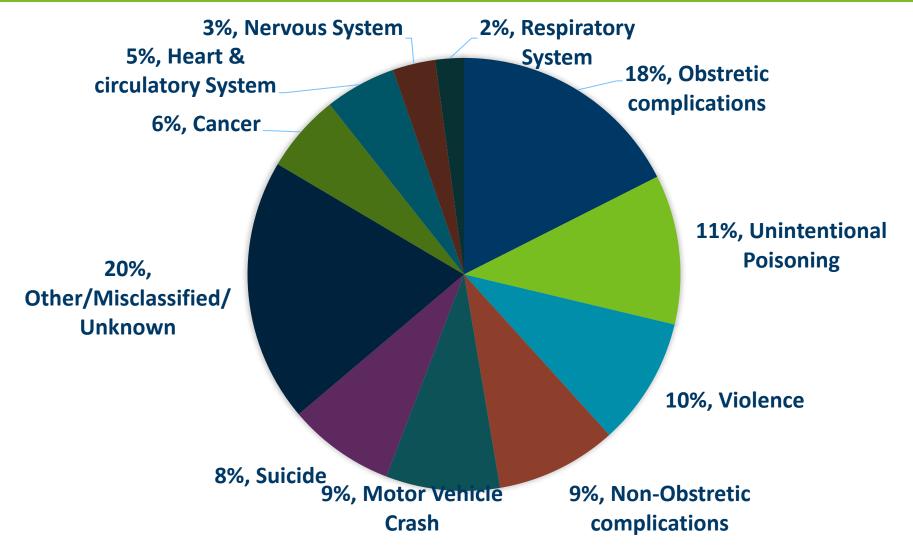




\* Note: The cause of death is unknown for 6.5% of all 2011-2014 pregnancy-related deaths.

#### Causes of Death, 2011-2017





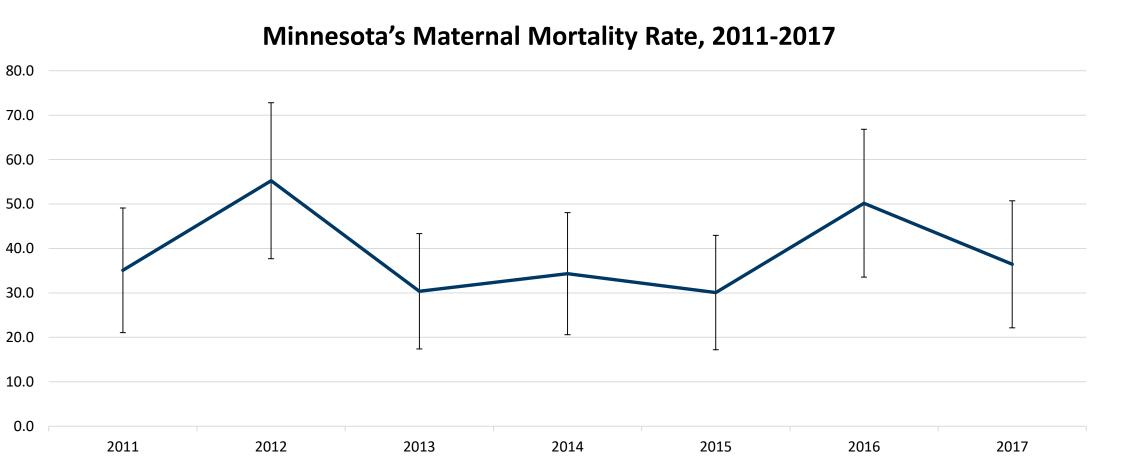
Data Source: Minnesota Department of Health, Minnesota Resident Maternal Mortality File

#### Minnesota Maternal Mortality Reviews

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- Cases identified: check box on death certificate, clinician reporting and other
- Clinician conducts medical review of each case, develops a summary
- Review team assembles 2-3 times per year to review case summaries, identify causes, contributing factors and trends
- Some state include Morbidity reviews as well, would require statutory authority and resources to include in Minnesota

### All Maternal Deaths - Preliminary



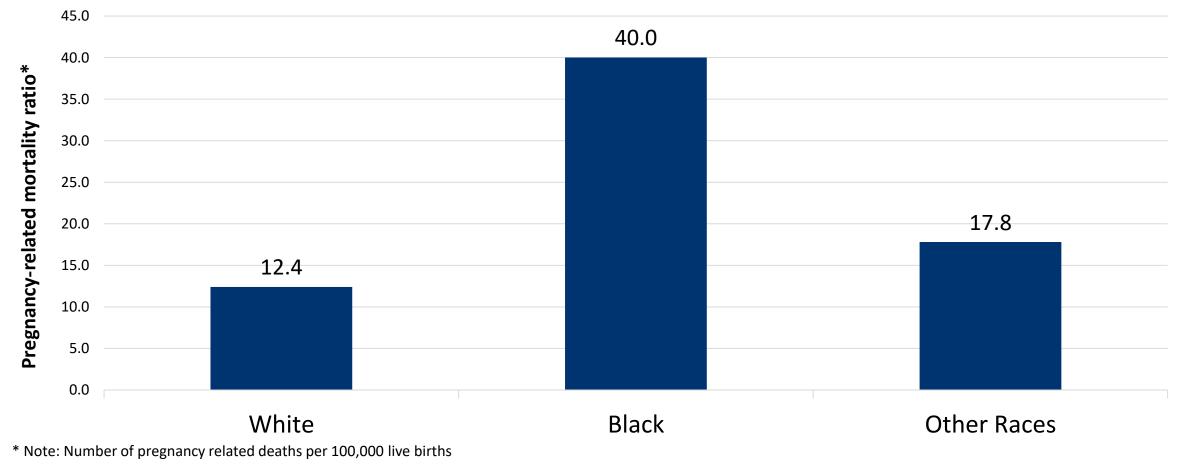
Data Source: Minnesota Department of Health, Minnesota Resident Maternal Mortality File

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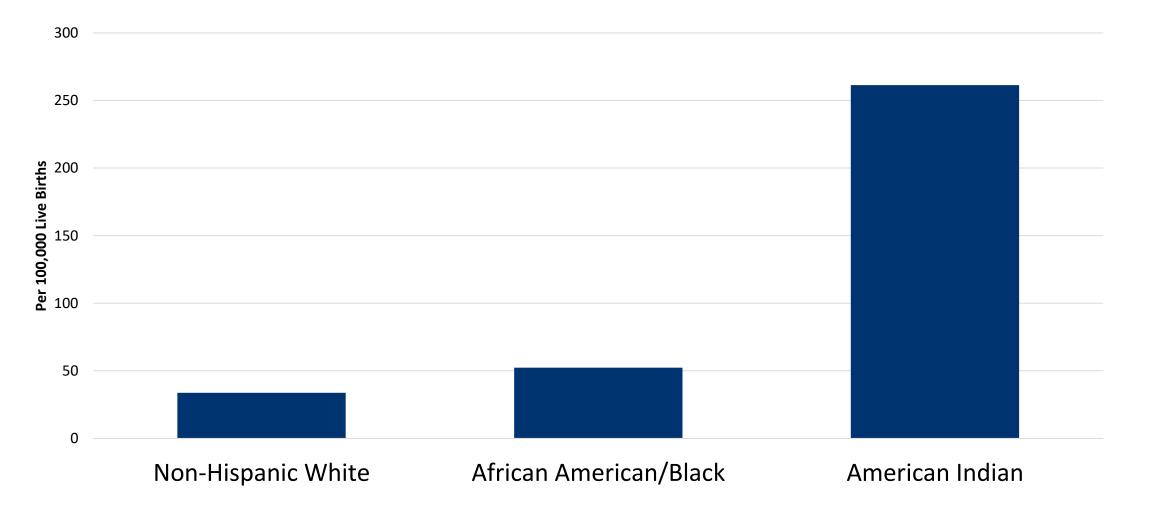
## Disparities in pregnancy-related mortality, United States 2011-2015



#### Disparities in pregnancy-related mortality in the United States, 2011-2014



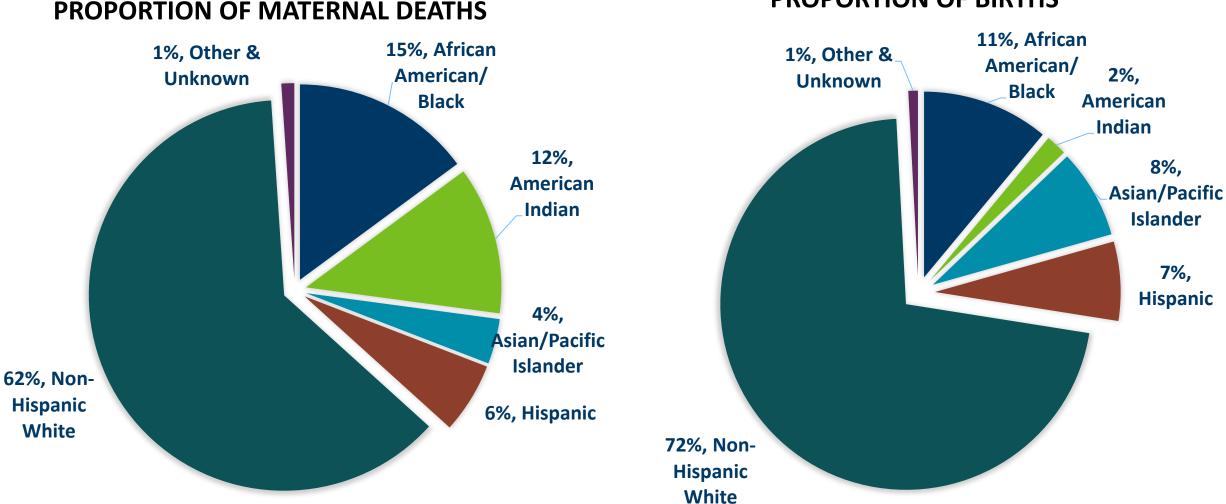
# MN Maternal Mortality Rates by Race/Ethnicity 2011-2017



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Data Source: Minnesota Department of Health, Minnesota Resident Maternal Mortality File

## Maternal Mortality in Minnesota, 2011-2017



Data Source: Minnesota Department of Health, Minnesota Resident Maternal Mortality File

**PROPORTION OF BIRTHS** 



## MN Place of Maternal Death, 2011-2017



#### Geographic Location

	Proportion of Deaths	Proportion of Births
Hennepin County	27%	24%
Ramsey County	9%	11%
Suburbs*	17%	22%
Greater Minnesota	47%	43%

\*Suburbs include: Anoka, Carver, Dakota, Scott, Washington

**Physical Location** 

- Inpatient Hospital 40%
- Hospital E.R. / Outpatient 17%
- At Home 26%
- Interstate/Hwy/Road 6%
- In transport to Hospital 1%
- Other 10%

#### Thank you



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