

# Invest In Our Future When It Matters Most

## Targeting Home Visiting to Families In Need

### What is Home Visiting?

Home visiting provides voluntary stabilizing support for families experiencing high-risk factors where they are most comfortable, at home and in their community. Home visiting is a proven strategy to giving families the best start and positioning them for long-term sustainability.

Families receiving targeted home visiting have:

1. Access to health care services to improve pregnancy and birth outcomes of the child,
2. Opportunities and support to develop secure attachment with their children,
3. Support their child's physical, social and mental health development,
4. Support maternal health and employment needs, and/or
5. Connections to community resources.



During the first three years of life, a positive, healthy relationship with a parent or caregiver is the most important factor for successful development. These relationships not only provide a safe and healthy environment for physical growth but also positive interactions that support healthy emotional and social development, and learning.

### Benefits of Home Visiting

Home visiting provides benefits to children and families.

1. Improved child health and development
  - Increased parent-child attachment
  - 18% higher kindergarten readiness
2. Improved maternal outcomes
  - Significant decrease in maternal depression among high risk mothers
  - 37% increase in maternal employment
  - Reduce alcohol and drug use and/or addiction
3. Decreases in child abuse and maltreatment
  - Decrease in child maltreatment and abuse



The **Minnesota Coalition for Targeted Home Visiting** works together to support our shared vision: **All Minnesota families of children age prenatal to three who are at risk for poor mental health, physical health, social, and educational outcomes will have access to intensive, targeted home visiting services to help them succeed in school and in life.** Services will be voluntary, high-quality, outcome-focused, and tailored to the resources in each community.

### Coalition Partners

Coalition participants include providers from non-profit organizations, local public health departments, tribal health departments, health care as well as philanthropy, universities and associations serving children, youth and families.