

THERAPEUTIC TEACHING MODEL

Intermediate District 287

RESPONSIVE. INNOVATIVE. SOLUTIONS.

EDUCATION + THERAPY CLASSROOM

INNOVATIVE MENTAL HEALTH GRANT

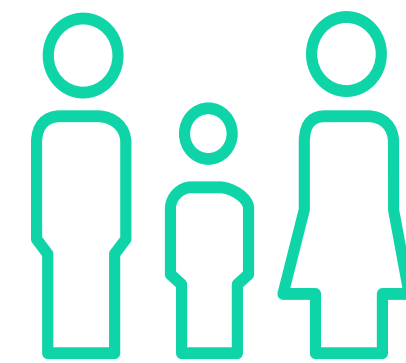
The Therapeutic Teaching Model is a two-year pilot program paid for through a Department of Human Services Innovative Mental Health Grant.



EDUCATION & THERAPY CLASSROOM



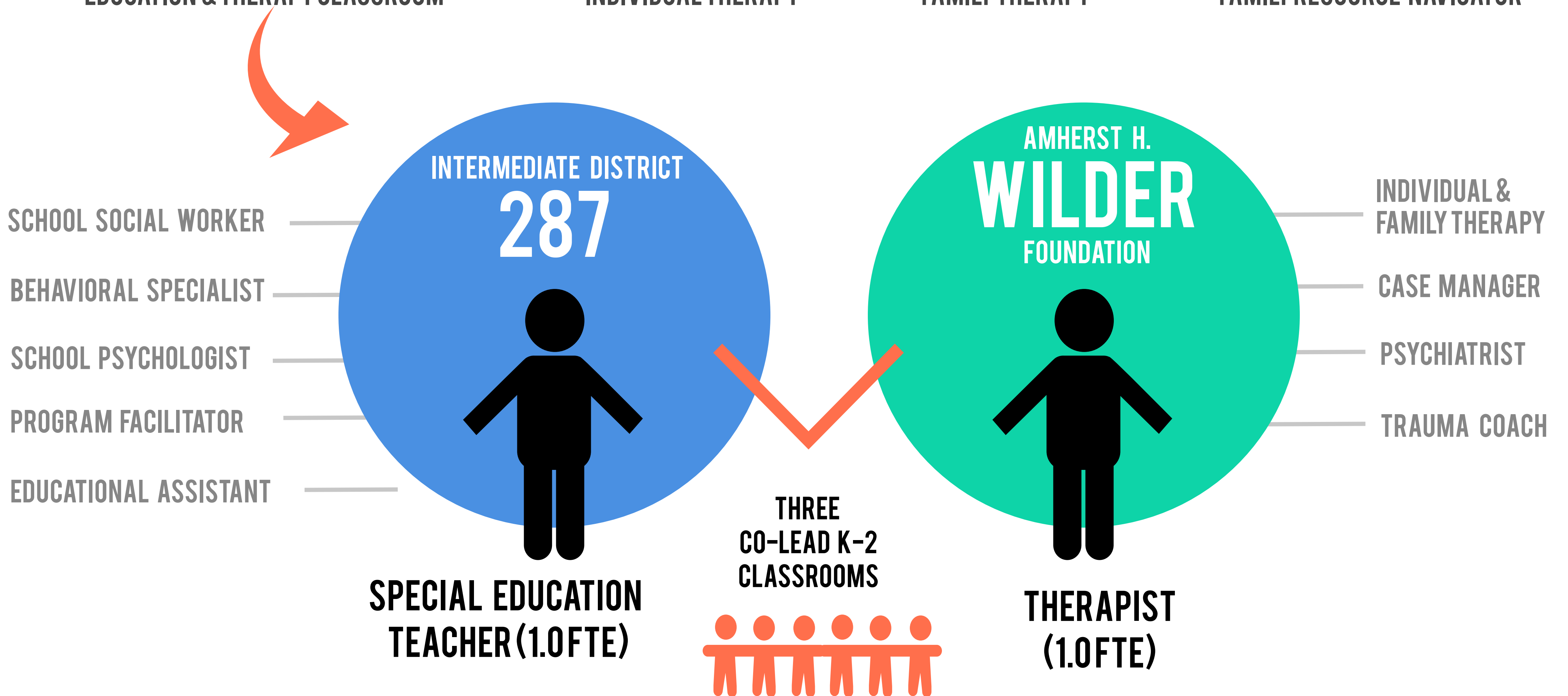
INDIVIDUAL THERAPY



FAMILY THERAPY



FAMILY RESOURCE NAVIGATOR



CHILDHOOD TRAUMA & THE BRAIN



MEET ADRIAN

He's 7 years old and has been suspended from school 6 times since Kindergarten for aggressive behavior.

HIS TRAUMA

In his short life, Adrian has experienced multiple traumatic events that cause him to feel fear and anxiety.

HIS BRAIN

24 hours a day, Adrian's brain scans for danger.

- Am I safe?
- Is there danger?
- How do I stay alive?

SURVIVAL MODE

Adrian's brain is in survival mode.

His prefrontal cortex is unable to access instructional work because his brain is continually interpreting his surroundings as being dangerous.



ADRIAN'S SUCCESS

There is help for Adrian!

In his new classroom, his teacher and therapist work together to support healing and learning.

Over time, Adrian is better able to regulate through stress while he learns and thrives in school.

