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Representative Jennifer Schultz, Chair Human Services Finance & Policy Committee MN House of Representatives March 8, 2022

Chair Schultz and Members of the Committee

On behalf of Hiawatha Valley Mental Health Center, I am writing to convey our support for and urge the Committee to pass House File 3215 — emergency funding for mental health workforce and sustaining services using federal relief funding support.

Hiawatha Valley Mental Health Center is a Certified Community Behavioral Health in Southeastern Minnesota including Goodhue, Winona, Wabasha, Fillmore and Houston Counties. We serve over 2,000 individuals each year through a broad array of services and programming including Housing with Supports and Services, Adult and Children's Community Based Services, School Linked Behavioral Health Services, and Clinic Based Services including medication management, mental health therapy, and substance abuse counseling.

In calendar years 2021 and 2022, our state's community mental and chemical health programs struggle to provide services under the ongoing pandemic and the extreme workforce crisis. These crises compound prepandemic sustainability issues: workforce shortage, reimbursement rates much lower than services' costs and growing reporting and regulatory administrative requirements. While we are suffering high losses in operating revenue, our agencies and programs still have to maintain overhead costs – staff salaries and benefits, facilities, compliance/reporting standards and service operations. The full impact of these forces is resulting in our mental health agencies not being able to keep programs open or keep up with our clients' growing needs for care – Today Hiawatha Valley Mental Health Center has lengthy waitlists for services including:

- Outpatient Mental Health Services- 232
- School-Linked Behavioral Health Services- 168
- Psychiatry- 53

We fear some of our community mental/ chemical health programs in greater Minnesota are on the brink of closure, where we are the only outpatient mental and chemical health programs in five and six plus county service areas. We have extreme loss of staff in sparsely populated areas and inability to keep up with costs of providing care. There is NO back up for many counties if our agencies close. Hospitals and emergency departments will be the only source for care and must absorb the demand.

Our Metro-based community mental and chemical health programs are also closing programs and service sites. We make up the majority of the safety net for Medical Assistance and underinsured populations in the Metro. Because the community mental health programs across the state are the safety net and cannot (and do not) turn people away based on their ability to pay, we are absorbing all these costs, compounding our uncompensated care losses. Without immediate relief, we cannot keep sustaining these program losses and maintain access to care.

Please support investment of this one-time ARPA Immediate relief funding to sustain access to current community mental and chemical health services. This support will allow us to advance intermediate and longer-term strategies, including:



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- Streamlined, and reduced, reporting and regulatory burdens allowing providers to focus on care delivery NOT reporting requirements
 - Rate reform on MA rates for mental and chemical health programs We support the DHS study the legislature passed in 2021. We strongly encourage DHS begin with community mental health in the first analysis.

Hiawatha Valley Mental Health Center urgently asks the Committee to increase resource investments into our community-based mental and chemical health care infrastructure by passing H.F. 3215 to for this emergency bridge funding to sustain access to our current services and community infrastructure. If we continue to let our community-based care infrastructure crumble, there will be nowhere for clients to be discharged back to or preventive care, treating illness before it requires inpatient hospital care.

Thank you for considering our request.

Sincerely,

Erik Sievers, MSW, MBA Executive Director Hiawatha Valley Mental Health Center