

Family Home Visiting: Invest In Our Future When It Matters Most

WIRING THE BRAIN EARLY WITH THE CONNECTIONS NEEDED FOR LIFE

85% of all brain
development happens
by age 3

Early connections
form life-long brain
architecture

The effects of early
healthy development
are cumulative and
lifelong

Underdeveloped brain
connections cause
lifelong issues and are
harder to correct

The first three years of a child's life are critical to making sure everyone has the opportunity to live happy, healthy, fulfilling lives. Children who meet healthy physical and cognitive development benchmarks during the first three years are more likely to be prepared for school, have stronger relationships, and ultimately have healthier, more stable and prosperous lives.

It's all about parent-child relationships

During the first three years of life, a positive, healthy relationship with a parent or caregiving figure is the most important factor for successful development. These relationships not only provide a safe and healthy environment for physical growth, but also positive interactions that support healthy learning, emotional and social development.



1 in 6

infants and toddlers live in
poverty in Minnesota

Research shows financially stressed families are more likely to have strain and instability that pressures relationships between parent and child.

Why Family Home Visiting?

Home visiting provides voluntary stabilizing support for families where they are most comfortable, at home. Trained professionals and paraprofessionals provide parents with the tools they need, empowering them to support their family and child, from pre-natal and pediatric health care to establishing connections to social and community services.