



**Indian  
HEALTH BOARD**

COMMUNITY TRADITION WELLNESS

# MENAANDAWIWE WELLNESS CAMPUS

## CONTACT US

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## WHO

Indian Health Board of Minneapolis, Inc. (IHB), founded in 1971, has served the Urban Indian community for 50 years. Our new Wellness Campus continues our legacy of service to improve the lives and health of Urban Indians.

## WHAT

Menaandawiwe Wellness Campus is a place where healing happens—IHB's vision to further expand and integrate state-of-the-art medical, dental and specialty services with traditional healing methods across a unified campus setting. In American Indian tradition, naming a building or project endows a spirit and purpose, and Menaandawiwe translates from Ojibwe into "A place where healing happens." IHB's Elder in Residence, Richard Wright, gave us this name after dreaming of an isolated site with encampments of Indian people surrounded by nature, similar to "an old-style Indian camp" in a sacred garden with people helping others and healing them. The vision for Menaandawiwe is that it becomes a place of healing and a connection to nature for Urban Indians looking to be healed and improve their well-being. This building, like a wigwam lodge, will be that sacred place in the urban environment of Minneapolis.

Phase 1 of the project, the IHB Counseling Center, with a total development cost of \$2.99 million, is complete. Phase 2, the IHB Medical & Dental Center, consists of the new construction of approximately 42,600 square feet of space. With an estimated total development cost of \$26.3 million, Phase 2 construction is expected to start in fall of 2022. While no construction date has yet been set, preliminary planning and design of Phase 3 calls for the rehabilitation of the 27,000 square foot IHB Administrative & Specialty Services Center and creation of an adjacent central green space. Central to planning all of the Menaandawiwe Wellness Campus is utilization of biophilic design to connect people with nature and to develop a Net Zero project to produce more energy than it uses. A high-performance envelope, updated and efficient mechanical systems, use of solar panels and many other "green" strategies will be used to achieve these goals.

## WHERE

Approximately 2.2 acres located on and adjacent to East Franklin and Minnehaha Avenues, in the heart of Indian Country in South Minneapolis. Menaandawiwe will extend the American Indian Cultural Corridor along Franklin Avenue further east across Cedar Avenue to 21<sup>st</sup> Avenue. The campus is well served by transit services, including light rail and regular bus service.

### **Indian Health Board of Minneapolis Dakota "Makoce Okiciyaka"**

*(Land Acknowledgement Statement)*

IHB recognizes the magnificent land upon which our institution is located as the ancestral, cultural, and spiritual homeland of the Dakota Oyate. Since time immemorial, the Dakota Oyate have acknowledged this wondrous land of lakes and rivers as *Minisota Makoce*, a term of endearment meaning the *Land of Misty Waters*. This ancient name reflects the Dakota gratitude for the natural gifts of *Unci Maka*, or Grandmother Earth, whose maternal generosity and nurturing compassion contributed immeasurable health, healing, and vitality to her great-grandchildren: the two-legged, the four-legged, those that fly, those that live in the ground, those that grow from the earth, and those that flow. *Wopida tanka* (translated as, "immeasurable thanks").

## WHEN

### Phase 1: IHB Counseling Center

2101 Minnehaha Ave, Completed Spring 2020

**Property:** purchased by IHB in June 2018 for \$1.25 million

**Total Development Cost:** \$2.99 million (after \$1.74 million rehabilitation completed in April 2021)

### Phase 2: IHB Medical & Dental Center - New Construction

2017 East Franklin Avenue

**Property:** purchased by IHB in November 2015 for \$1.75 million

**Total estimated development cost:** \$26.3 million

Pre-design Phase:	May 2021 - July 2021
Funding/Capital campaign:	July 2021 - June 2022
Design Phases:	November 2021 - June 2022
Pricing/Bidding Phase:	July 2022
Start of Construction:	Fall 2022
Substantial Completion:	Fall 2023

### Phase 3: IHB Administrative & Specialty Services Center with Healing Garden / Rehabilitation

**Property:** purchased by IHB in January 2019 for \$3.0 million

**Total estimated development cost:** \$15.3 million

Pre-design Phase:	May 2021 - July 2022
Design Phases:	November 2021 - June 2022
Pricing/Bidding Phase:	TBD
Start of Construction:	TBD
Substantial Completion:	TBD

## WHY

The need for enhanced, culturally-safe health services for our community members is driven by the data:

1. The American Indian community in Minnesota has been disproportionately affected by the recent opioid epidemic. Since 2000, Minnesota Department of Human data reflects an increase in treatment admissions of 1,016% for illicit diverted pharmaceutical opioids and 3,729% for heroin in American Indians living in Minnesota. Respectively, this is 1.6 times and 7.4 times greater than rates experienced by non-American Indians.
2. 2020 HRSA federal data indicate that approximately 25% of IHB patients are uninsured, which is 5.3 times the rate of uninsured in the general population. For comparison, the Minnesota uninsured figure for 2019 was 4.7%.
3. 98% of IHB patients are at or below 200% of Federal Poverty Guidelines (FPG), while 72% are at or below 100% FPG.
4. In all Urban Indian Health Organization (UIHO) service areas, 15.0% of American Indians report rarely or never receiving emotional and social support, compared to 9.2% of the general population, and yet in IHB's service area, American Indians are nearly three times more likely to report having frequent mental distress compared to the general population.
5. While 70% of American Indian people live in urban centers, UIHOs get less than 1% of the Indian Health Service (IHS) budget. However, UIOs do not have access to IHS building/facilities capital, which requires us to seek other sources of funds for our capital projects.
6. The Menaandawiwe Project will support a 41% increase in patient visits over 2020 levels.

## HOW

**Your support for IHB's request of \$4 million in State General Funds will support \$4.0 million in planning, design and construction costs for the Phase 2 Medical & Dental Center.**