



## Headway Emotional Health Services

Since 1970, Headway has provided essential emotional health services to children, families, and individuals in the Twin Cities and surrounding areas. Our mission is to help you, your children, and your family back on the path toward emotionally healthy lives. We know what we're doing: with more than 40 years in operation, our 200-plus staff members in Richfield, Brooklyn Center, and Hopkins provide comprehensive mental health therapy and classes to more than 20,000 families each year.

## Day Treatment - Filling the care gap

We are focused on rehabilitation that lasts a lifetime. Our goal is for students to leave our program emotionally strong, with high self-esteem and the resilience needed to cope with the normal social expectations of a mainstream school environment. Our program works best with 7th-12th graders who are inward-acting (self-injurious, depressive, self-isolating, truant, PTSD, etc.) rather than outward-acting (bullying, aggressive towards others, etc.). We work with students with mental or emotional health challenges that make it difficult for them to succeed in a mainstream educational setting.

*There is also a demand for a middle ground for students who have been hospitalized or gone through a residential program but are not ready to return to a mainstream environment. We aim to fill that care gap and support students through their continued recovery and growth.*

## Where do our students come to us from?

In 2021, during the months of June and July Headway paid for students to be transported from the following communities to Day Treatment at **Brooklyn Center**:

Andover, Anoka, Blaine, Coon Rapids, Crystal, Maple Grove, Minneapolis, New Brighton, Robbinsdale, Saint Michael, Wayzata. Additionally, during this time period, Headway paid transportation from the following communities to Day Treatment in **Hopkins**: Bloomington, Eden Prairie, Excelsior, Hopkins, Minneapolis, Minnetonka, New Hope, Plymouth, Prior Lake, Richfield, St Louis Park, St Paul.

With the ride service used Headway pays \$2.50/ mile for transportation.



## Funding Request

**Headway Emotional Health Services requests a \$160,000 appropriation for fiscal year 2023 to support transportation of students on non-school dates.**

### Contact

Pat Dale  
CEO, Headway Emotional Health Services  
612-798-8166  
pat.dale@headway.org

Andy Eilers  
Government Affairs Associate, Christopherson  
Advocates  
763-242-6300  
andy@christophersonadvocates.com