

Columbia University Study “So help me God”
Presenter Rich Scherber
Minnesota Teen Challenge

1. How many of the 12 steps make direct reference to God?

2. This unprecedented report concluded that what two major contributors played a powerful role in prevention and treatment of substance abuse?

3. What does it mean “the sum is greater than the parts” in reference to Califano’s quote?

4. What were the two most troubling findings from the study?

5. How important is religion to most people who enter treatment?

6. What were the key findings from the study on those who did not consider religious beliefs important?

7. What were the key findings about teens who did not consider religious beliefs important?

8. Why is it important that we have a variety of treatment models?

9. The Wilder study done on Teen Challenge concluded that what aspect of the program best contributed to participant's success?

10. The study showed that increases in spirituality happens at what point of a person's life?

11. A random sample of 355 members of the American Psychiatric Association showed that what percentage of Psychiatrists disapprove of praying for their clients even if it were proven that it could help them?

12. Faith-based programs have succeeded in tapping into a pool of resources from which community?

13. Traditionally faith-based programs have been a great asset in helping what _____ community because they operate what type of _____ programs?

14. Why is it important that we join hands with the faith community in this effort of recovery?
