

As of July 1st, MN law now allows THC (Delta-9 and Delta-8) edibles derived from hemp up to:

- 5 mg per serving
- 50 mg per package

Compared to smoking/vaping, the acute effects of edibles are:

- Later onset of effects
- Longer lasting effects

As of August 1st, MN Medical Cannabis program now allows edibles after consultation with a doctor.

Manufacturers' requirements:

- Testing of all products
- Must be 21 or older to purchase products
- Labels must contain
 - Name, address, and phone number of manufacturer and testing lab
 - Accurate statement of amount of cannabinoids
 - Statement that the product does not claim to diagnose, treat, cure, or prevent any disease and has not been evaluated or approved by the FDA
- Packaging and product must not bear the likeness or contain cartoon-like characteristics that appeal to children
- Cannot be packaged in a way that resembles other trademarked products or product-specialized packaging of any commercially available food product.

Edibles dosage

Leafly

THC per dose	What to expect	Who's it for?
1-2.5 mg	<ul style="list-style-type: none"> • Mild relief of pain, stress, anxiety, and other symptoms • Improved focus and creativity 	<ul style="list-style-type: none"> • First-time consumers • Microdosers
5 mg	<ul style="list-style-type: none"> • Stronger symptom relief • Euphoria • May impair coordination and alter perception 	<ul style="list-style-type: none"> • Recreational consumers • Patients with persistent symptoms • Restless sleepers
10 mg	<ul style="list-style-type: none"> • Stronger euphoria • May impair coordination and alter perception • New consumers may experience negative effects 	<ul style="list-style-type: none"> • High tolerance THC consumers (both recreational and medical)
20 mg	<ul style="list-style-type: none"> • Very Strong euphoria • Likely to impair coordination and alter perception 	<ul style="list-style-type: none"> • Consumers with significant THC tolerances • Patients with decreased GI absorption
50-100 mg	<ul style="list-style-type: none"> • Seriously impaired coordination and perception • Can cause unpleasant side effects including nausea, pain, and rapid heart rate 	<ul style="list-style-type: none"> • Experienced, high-tolerance THC consumers • Patients living with cancer, inflammatory disorders, or conditions that necessitate high doses

Please Note: This graph is for educational purposes only. SAMMN does not recommend the use of edibles for ANY medical purposes without FDA approval.

The current version of the Hemp-THC-Edibles bill does NOT have provisions for:

- Taxes
- Treatment
- Prevention and education
- Workplace testing
- Highway Safety
- Funds for monitoring and enforcement
- Penalties for illegal sale and possession violations
- Where products can be sold (most states mandate THC products be sold exclusively at dispensaries, which means they are not available at stores alongside commercial tobacco products and candy, etc.)

Does NOT have:

- Requirements for package health warnings (except to keep away from children)
- Restrictions or regulations for advertising products
- Limits on number of and location for dispensaries
- Training requirements for individuals dispensing the product