

Adult Mental Health Initiatives (AMHI)

When regional treatment centers closed in the early 1990s, counties were encouraged to develop partnerships to plan for community-based mental health treatment and acute care for those previously served by state hospitals.

More formalized and created in 1995, Adult Mental Health Initiatives (AMHI) are regional organizations that oversee adult mental health services and funding to counties and tribal governments in their area. The AMHIs serve as a mechanism for regional collaboration to build effective community-based mental health services across Minnesota.

What AMHI Funds Support



- ✓ Adult Mobile Crisis Services
- ✓ Emergency Response Services
- ✓ Partial Hospitalization
- ✓ Adult Residential Crisis Stabilization
- ✓ Adult Outpatient Diagnostic Assessment
- ✓ Community Support Program Services
- ✓ Basic Living/Social Skills
- ✓ Community Education and Prevention
- ✓ Housing Subsidy
- ✓ Transportation
- ✓ Client Flex Funds
- ✓ Peer Support Services
- ✓ Supported Employment
- ✓ Assertive Community Treatment (ACT)
- ✓ Adult Targeted Case Management
- ✓ Adult General Case Management
- ✓ Adult Day Treatment
- ✓ Adult Outpatient Psychotherapy
- ✓ Adult Outpatient Medication Management
- ✓ Intensive Residential Treatment Services (IRTS)
- ✓ Adult Client Outreach

AMHI grant dollars are spent in direct response to community needs to keep communities healthy and safe.

Many people who use these services are low-income but will not qualify for Medical Assistance or they may be receiving Medicare or other insurance that won't cover these supports. These residents, who would not otherwise be able to access mental health care, are able to receive help because of these funds.

AMHI funds also support housing stability and transportation for people who have mental health needs which is critical for those individuals to maintain their ability to engage meaningfully in their communities.

Counties maximize AMHI funds to the fullest extent possible in order to support the broader mental health infrastructure in their systems. AMHI dollars "fill the gaps" where other programs cannot offer support. Losing funds would mean losing a critical support in maintaining networks of support for residents. Additional funding could help counties keep pace with the growing needs in their regions.

AMHI Funds Are Critical Now

We will feel the impact of the COVID-19 pandemic on the mental health of Minnesotans for years to come and the need for mental health supports will only increase. The cost of providing services is also increasing through higher provider rates and cost of living adjustments.

As communities change and needs arise, mental health services must be flexible and adaptable to meet the growing and changing need. Counties are pursuing the use of AMHI funds to pilot programs to do innovative things like partnering mental health workers, training and supports with law enforcement and jails; increasing the number of drop-in centers available for residents and building more services that are culturally responsive.

MACSSA requests that AMHI funding be increased to maintain and expand the network of mental health supports for communities statewide.