



February 2, 2023

To Whom It May Concern:

My name is Kashia Xiong and I am 19 years old. I go to Century College and hope to be a Dental Hygienist one day. I want to tell you a little about myself, I graduated from Johnson Senior Highschool in 2021. I love to help others and spend lots of time with my family and friends. I also enjoy trying out new foods. I work with Rachel who helps me with many things like finding mental health support, listening to my personal issues and supporting me through tough life situations, and also helping me find scholarships for college. Because of this class, I am more confident in myself and even when I hit a road block, I know Rachel will always be there to help me (even when she does not know the answer right away, she will always work with me to find the best solution for me). Programs like this for young people help us know there are resources and help out there and makes us excited about our future, as well as get the support we need to be our best self!

*Kashia Xiong*

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YouthMove! Program

