Hello Representative Richardson, Representative Hassan, and Education committee Members.

Thank you for all of the work you do to support Minnesota Education! I am so excited you are considering HF 3402 - a bill that will make sure students are not excluded from recess due to punishment or disciplinary action.

I am a school-based occupational therapist in the Twin Cities area and have had many conversations about the importance of recess and movement time for our students. In my professional opinion, movement opportunities throughout the day (recess and gym time) should be viewed as a student "need," in the same way that meals and bathroom breaks are a student need. Movement is essential to a child's development and school success!

Thank you for your time,

Amanda Burrill, MOT, OTR/L Occupational Therapist