

Minnesota Addiction Medicine Fellowship

Hennepin Health Care
University of Minnesota
VAMC
Allina

Program Director: Sheila Specker, MD, DFASAM
Associate Program Director: David Peter, MD, MPH



UNIVERSITY OF MINNESOTA
Driven to DiscoverSM

Legislation 2023

Grant to Hennepin County Medical Center

- Support up to six physicians/biennium enrolled in an addiction medicine fellowship program.
- The commissioner shall transfer to Hennepin County Medical Center \$90,000 for each fellow
- This appropriation shall be used to prepare fellows to practice addiction medicine in rural and underserved areas of the state, and to train fellows in diagnostic interviewing, screening, motivational interviewing, addiction counseling, recognition and care of common acute withdrawal syndromes and complications, pharmacotherapies of addictive disorders, epidemiology and pathophysiology of addiction, inpatient care, working in multidisciplinary teams.



History of Addiction Fellowship

- Began **1982**
- Fellows have been from multiple specialties: IM, FM, Anesthesiology, Surgery, EM, Psychiatry, Dermatology, Pediatrics, Radiology, Occupational Med
- Yearly trained 1-3, dependent on funding
- Accredited by Addiction Medicine Foundation as one of the first 10 “model programs” in country.
 - received federal funding for 2 years (over 10 years ago) from NIAAA
 - funding from state for 2 fellows (many years ago)
- Accredited by ACGME 2018
- Legislative funding allowed us to expand and have 6 fellows in 2023-2025
- Program Director (Specker) for >20 yrs
- Sponsor is UMN



General Program Description

- Addiction medicine is an ABMS medical sub-specialty under the American Board of Preventive Medicine.
- Addiction medicine training is focused on the prevention, diagnosis, and treatment of substance use disorders.
- Goal:
 - Produce specialists in the delivery of skilled and comprehensive addiction care of adults and children with substance use and related disorders.
 - Develop skills to serve as an effective consultant to primary care physicians, mental health providers, schools, community agencies, and other programs serving those with SUD's.



Leadership

- Program Director: * Sheila Specker, MD, University of Minnesota
- Associate Program Director: * David Peter, MD, VAMC, UMN
- Site Directors:
 - * Brian Grahan, MD, HHC
 - * David Peter, MD, VAMC
 - * Ingrid Podnieks, MD, Allina
- Program Coordinator: Melissa Tholen
- * = former fellows



Key Faculty

Dr. Gavin Bart (HHC)

* Dr. Charles Reznikoff (HHC)

Dr. JoAn Laes (Allina)

Dr. Quentin Gabor (UMN)

Dr. Franz Macedo (VAMC)

* Dr. Abigail Moeller (CUHCC)

* Dr. Cole Peuringer (Essentia)

Dr. Sophia Vinogradov (Psychiatry Dept Chair, UMN)



Addiction Medicine Fellows

2023-2024

- Abigail Moeller, DO (FM)
- Ben Swart, MD (IM)
- Ian Latham, MD (FM)
- Andre Biscaye, MD (FM)

2024-2025

- Robert Bockstruck, MD
(IM/Peds)
- Jared Hopkins, MD (EM)
- Katherine Mackay, MD (FM)
- Christopher Sebas, MD (FM)



Addiction Medicine Fellowship Aims

- Develop clinical skills, judgement, and knowledge in the assessment, prevention, and treatment of persons with substance use disorders and substance-related health complications
- Recognize and treat persons with co-occurring diagnoses of addictive disorders and other psychiatric disorders.
- Integrate somatic, pharmacologic and psychotherapeutic approaches with goals of restoration of function, stabilization or prevention of deterioration and improved quality of life.
- Become leaders and teachers in the field of addiction practice and critically review and apply current research.



Curriculum

- Diagnostic and motivational interviewing
- Addiction counseling
- Acute withdrawal syndromes and complications
- Pharmacotherapies for addictive disorders
- Prevention, early interventions
- Inpatient care management
- Consultation-liaison.
- Epidemiology and pathophysiology of addiction



Block Diagram

	1	2	3	4	5	6	7	8	9	10	11	12
Site	UMN	UMN	UMN	VAMC/ UMN	VAMC /UMN	VAMC /UMN	HCMC	HCMC	HCMC	Allina	Allina	Allina
Primary Rotation	Detox	Adolescent	IOP- Lodging +	Pain Clinic/ Recovery Clinic	Pain Clinic/ Recovery Clinic	Pain Clinic/ Recovery Clinic	Addiction Services	Addiction Services	Addiction Services	ANW	ANW	ANW
Inpatient	100	50	20	5	5	5	80	80	80	95	95	95
Outpatient	0	50	80	95	95	95	20	20	20	5	5	5

UMN: University of Minnesota Medical Center (MHealth Fairview); Dept of Psychiatry

VAMC: VA Medical Center Minneapolis; Comprehensive Pain Center

HCMC: Hennepin County Medical Center (Hennepin HealthCare); Dept of Internal Medicine

Allina: ANW; Inpatient consult service



UNIVERSITY OF MINNESOTA
Driven to DiscoverSM

Presentations/Trainings

- National presentations: American Society of Addiction Medicine, American College of Academic Addiction Medicine
- Regional MN Association Family Practice, MN Psychiatric Society
- Education: Didactic curriculum for psychiatry residency
 - expansion to family medicine residency
- Collaborative: Psychiatry, Metropap, family medicine residents rotate



Finances

- Costs 2024-2025
 - Stipends \$78,818
 - Total cost to train fellow = \$122K
 - Faculty effort
- Funding support
 - State: 540,000 every 2 years (2023-2025)
 - \$90,000/fellow (6 stipends)
 - Additional support through each institution but not consistent
- Goal: To continue to have ability to train 4 fellows



Meeting State Mission

- Prepare to practice in rural and underserved areas
- Achieve leadership role
- Training in all aspects of addiction care: inpatient, outpatient, pharmacologic, team-based



Recent Graduates

100% Board Certified

- Medical Director Inpatient Treatment Program/ outpatient clinic in SE MN region
- Faculty and site director at ANW, developing addiction consult service
- Inpatient addiction and toxicology consultant Greater MN (Duluth)
- FQHC primary care/addiction/MH: CUHCC
- APD in fellowship
- Medical director Native American reservation
- Hennepin Faculty/Jail/Somali population

