

Organization Overview and Comprehensive Expansion Plan 2024-27



St. David's Center
Child & Family Development



St. David's History of Steady Growth



1961: Preschool and Family Support

1970s:

- Developmental Achievement Center
- Pediatric Therapies

1980s:

- Trauma-Based Therapeutic Preschool
- In-home Family Support
- Purchased Burwell Elementary from Hopkins Schools

1990s:

- Early Childhood Home Visiting
- Built Pediatric Therapy Wing

2000s:

- Established Mental Health Clinic
- Autism Treatment and Support
- Therapeutic Recreation

2010s:

- Expanded and renovated Minnetonka Campus
- Launched School-Based Mental Health
- Growth through Partnerships, Doubling Reach

2018: Expansion into Downtown Clinic at Westminster Church

2024: Acquired YWCA on Nicollet Mall to expand services and reach

Mission: Building relationships that nurture the development of every child and family.

SERVICES & IMPACT



Early Childhood Education

155 children of all abilities, ages 16 months to five



Early Intervention & Treatment

4230 children with developmental or behavioral needs, ages birth through adolescence



Community-Based Disability Services

240 individuals with enduring special needs, ages 2 through adulthood



Parent & Professional Training & Consultation

3650 parents and professionals

Vision:

Tomorrow's strong, healthy, vibrant society in which every member fully contributes to its success.

St. David's Center:

Proven solutions to improve educational and health outcomes for young children with complex needs.

7,000 young children & parents





Increasing access with:

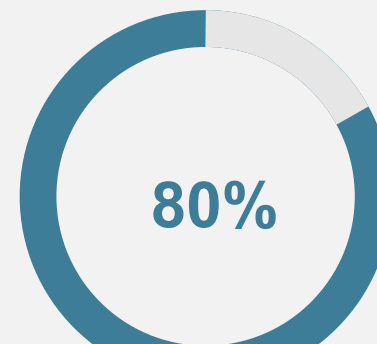
- 3 locations in the Minneapolis metro
- 30 partner sites
- 2,000 homes



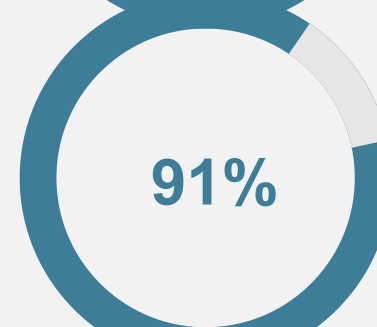
Target Population & Results Across Services

Children ages 0 to 8 and their parents/caregivers:

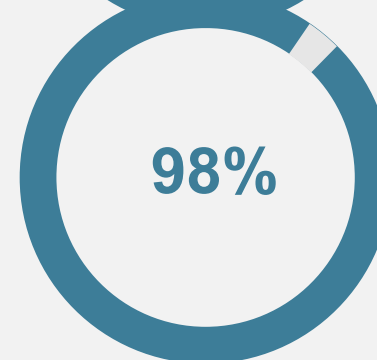
- Suspended or expelled from early care and education settings due to challenging (often misunderstood) behavior
- Often undiagnosed but developmentally complex
- Delayed socially, emotionally, and in other areas of their development



Nearly 80% of children with emerging mental health concerns improved after 90 days of treatment.



91% of 722 children with development delays improved after 90 days of pediatric therapy.



98% of 159 parents in our Parent-Child Services gained knowledge and skills.

What Concerns Us Most **Today**

2,100

children on the
waiting list

Minnesota
ranks

11th

in preschool expulsion



**One in 5 Minnesota
children**

has a diagnosed mental health concern,
and **close to half of them** receive little
or no care.



One in 4 children

has witnessed or experienced a traumatic
experience by the age of four.



Autism rates are

**one in 34 in the Twin
Cities metro,**



but among Somali 4-year-olds, rates are

one in 16.

What Concerns Us Most **Long-Term**

Failing to address these rising needs will result in longer-term problems with lasting impacts on our community

- Higher special education costs
- Higher drop out rates
- Higher juvenile delinquency rates
- Higher healthcare costs
- Greater dependency on social and economic supports
- Lower participation in the labor market

A lack of **diversity** and **preparedness** across the mental health workforce results in more unmet need.

Avoidable poor **early education outcomes** require expensive remediation in K-12 and increases risk of high school dropout.

Children who would otherwise become high performing adults in the community never reach their **full potential**.

Opportunity to Grow in Downtown Minneapolis

Purchase & Renovation
of 1130 Nicollet Mall



Vision, Strategies, Impact: 1130 Nicollet Mall

Vision

Improve the **health, educational achievement, and lifelong economic prosperity** of children in **Minneapolis** and surrounding communities by creating a **culturally-responsive, trauma-informed early assessment, intervention, and training center** in the heart of the city.

Strategies

- Expand existing **early childhood classroom-based services** to address preschool expulsion and increase school readiness
- Co-create an **integrated pediatric healthcare model that effectively addresses social determinants of health** to deepen engagement of families in the critical early years of
- Launch and expand **innovative therapies**
- Invest in the **professional development and wellbeing of our staff and interns**

2,000

more children annually,
100% face barriers to access;
85-90% in poverty; 75-80% BIPOC

150 - 200

New jobs

70

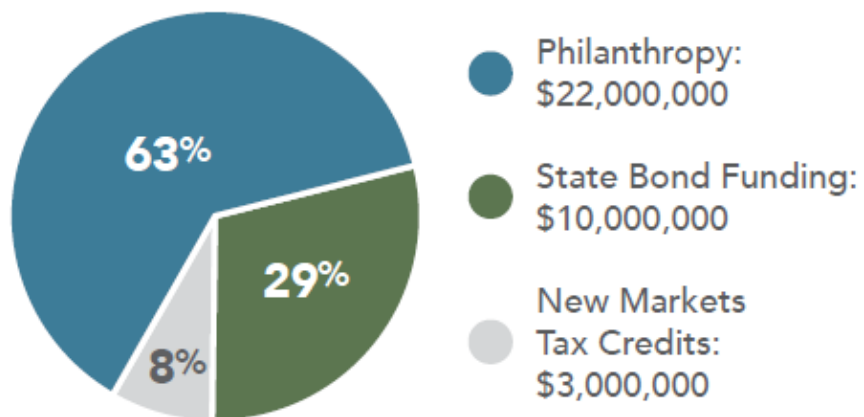
Associates, Bachelors, and Masters
interns and Post-Doctoral and
Clinical Fellows annually

St. David's Comprehensive Expansion Plan

Our Request of the 2025 Legislature

\$10 million in state bond funding, with Hennepin County serving as the fiscal agent, to help offset a portion of the necessary renovation project costs.

**COMPREHENSIVE EXPANSION PLAN,
\$35,000,000 REVENUE BY SOURCE**



The \$35 million Comprehensive Expansion Plan includes the purchase and renovation of 1130 Nicollet Mall; the cost of scaling our services, workforce, and infrastructure; and fundraising expenses.

Phase I Renovation: January-May 2025

Building Safety & Classroom / Treatment Room Usability:

Add safety railings; classroom updates; convert yoga studios to occupational therapy gyms; install divider in large gym

Phase II Renovation: January-August 2026

1st Floor Renovation:

Build first floor therapeutic wing; build new entrances on 12th Street and Nicollet Mall; transform fitness center into secure lobby, assessment, therapy, classroom space

Phase III Renovation: September 2026-April 2027

Lower-Level Renovation, Playgrounds & Rooftop:

Infill pool and construct second floor above pool; complete first floor therapeutic wing with additional classrooms and treatment spaces; build feeding clinic; integrated pediatric health service space and family resource center; build staff office space and collaborative workspace to accommodate growth

Phase I Renovation: January-June 2025

2nd Floor:

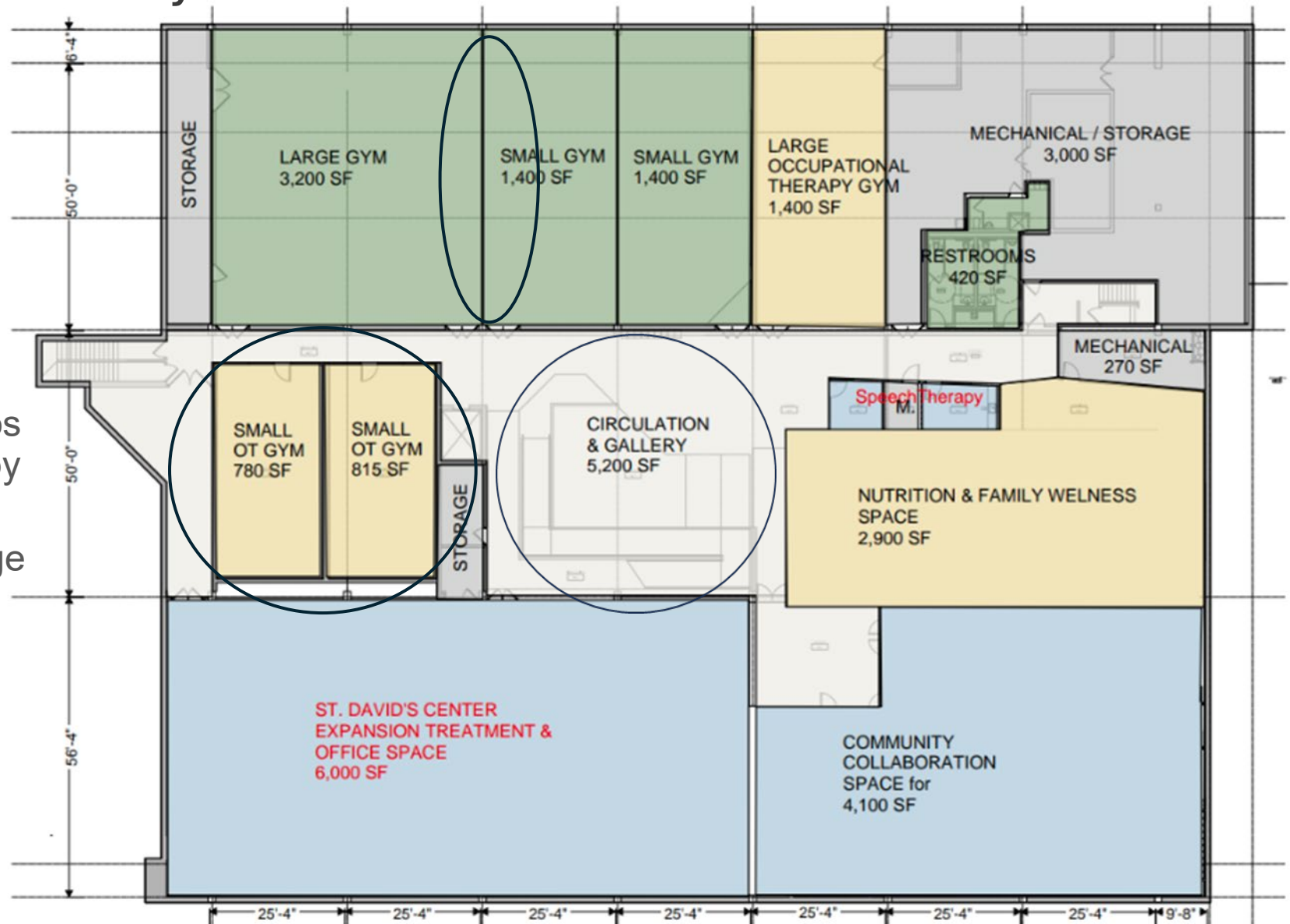
- Add bathrooms to create two additional ECE classrooms
- Install safety railings



Phase I Renovation: January-June 2025

Lower Level:

- Convert two yoga studios into occupational therapy gyms
- Install wall divider in large gym



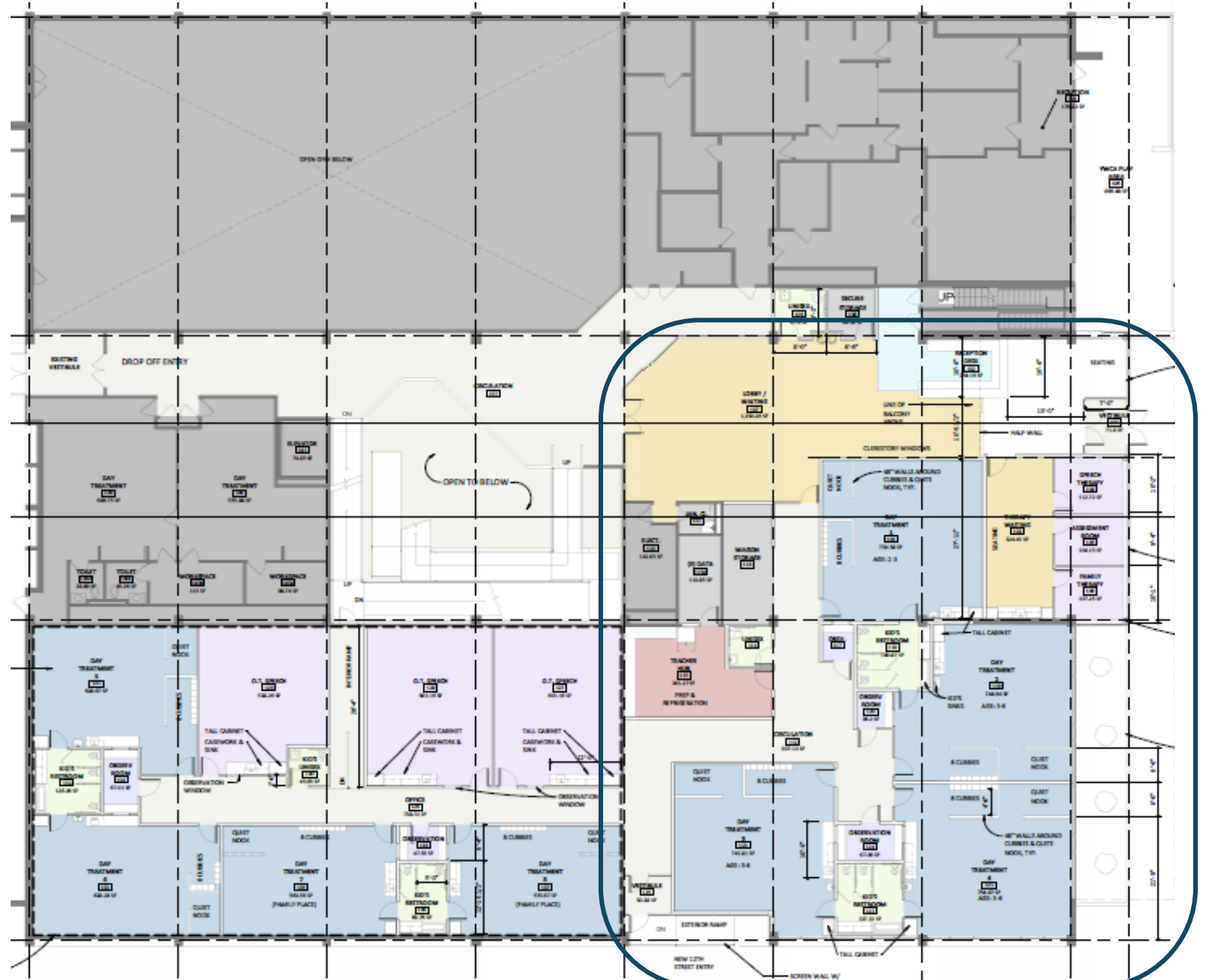
Phase II Renovation: January-August 2026

**New Entrance
on Nicollet Mall**



Journal Pre-proof

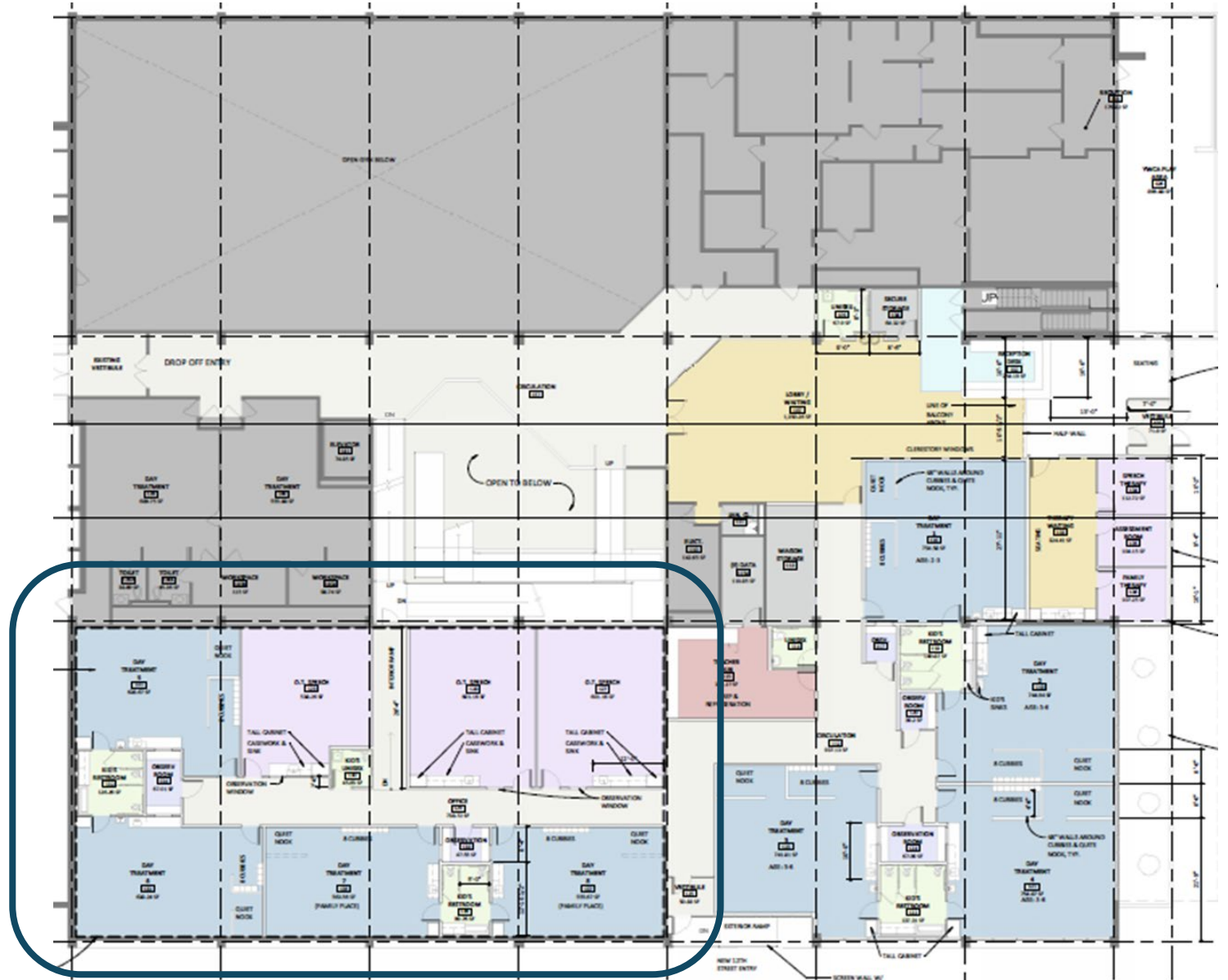
Build first floor therapeutic wing; build new entrances on 12th Street and Nicollet Mall; transform fitness center into secure lobby, assessment, therapy, classroom space



Phase III Renovation: Sept 2026-April 2027

New 2nd Floor Above Pool/1st Floor Extension:

Infill pool and construct second floor above pool; complete first floor therapeutic wing with additional classrooms and treatment spaces



Phase III Renovation: Sept 2026-April 2027

Lower Level:

Build feeding clinic; integrated pediatric health service space and family resource center; staff office space and collaborative workspace to accommodate growth

