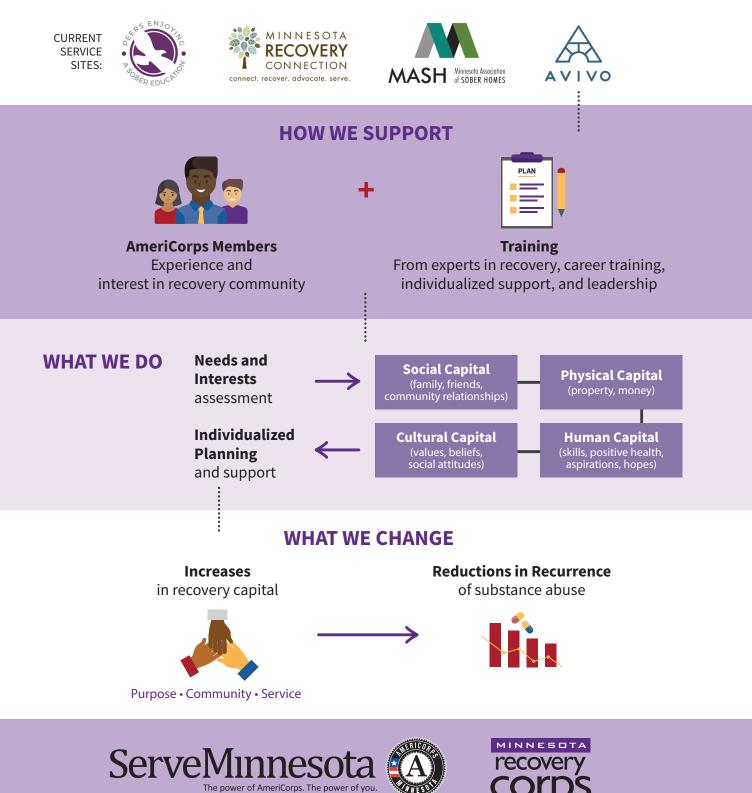


**RECOVERY CORPS** 

★ ★ 🔺 An AmeriCorps Program 🛛 ★ ★

WHO WE SERVE: People in recovery in need of employment, coaching, and support



# How AmeriCorps National Service Can Increase the Success of Recovery





The misuse of and addiction to opioids is a national health crisis. And one that is of great concern right here in Minnesota. The number of Minnesotans who died from opioid overdoses grew 500% from 1999 to 2014 (*CDC, 2016*). Beyond the personal tragedies of loss, the opioid crisis is inflicting devastating harm on the national economy — including healthcare, the criminal justice system, and wages and productivity.

ServeMinnesota, the home of AmeriCorps programs in the state, is helping to address this alarming and pervasive issue. More than 20 million people are in recovery nationwide, and addiction experts say that recovery requires building a life filled with purpose, community and service. AmeriCorps, often referred to as the domestic Peace Corps, can provide those key tenets.

While recovery is a complicated process, efforts to support those recovering from substance abuse are increasing in relevance and hold substantial promise to improve health outcomes. Research shows the amount and quality of Recovery Capital (measured in four areas) is critical to sustaining recovery:

- Social Capital family, friends, community relationships
- Physical Capital property, money
- Human Capital skills, positive health, aspirations, hopes
- Cultural Capital values, beliefs, social attitudes

Building on its strong track record of scaling data-driven programs that work, ServeMinnesota has launched Recovery Corps, a program dedicated to helping individuals stay in recovery. Through the people power of AmeriCorps, Recovery Corps members provide one-to-one peer support and help participants access a spectrum of resources ranging from family support to housing and job assistance.

Through service in AmeriCorps, individuals can build their own Recovery Capital and maintain sobriety. And by serving others, they ensure more individuals can build the Recovery Capital needed to achieve long-term success.

HF 4135 (Franke)/SF 3570 (Kent) request \$450,000 for Recovery Corps to expand its service from 420 to 2,000 individuals in recovery. ServeMinnesota is partnering with leading experts and stakeholders in the recovery field to ensure we're evaluating what works, sharing results and scaling this work in proportion to its effectiveness.

# For more information:

# More than **50,000** individuals enter treatment each year across Minnesota.

- Drug and Alcohol Abuse in Minnesota Minnesota Department of Human Services Legislative Report, January 2016

## ServeMinnesota Opioid Response Task Force Members

### **RECOVERY ORGANIZATIONS**

Clinical Director, Wellness Center, White Earth Nation

Katie Boardman Director of Operations, St. Paul Sober Living

Chris Edrington President, Minnesota Association of Sober Homes

Wendy Jones CEO, Minnesota Recovery Connection

**Curt Knutson** Vice Chair, Minnesota Recovery Connection Board of Directors

Patrice Salmeri Executive Director of Recovery Advancement, Augsburg University

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#### POLICY LEADERS

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Representative Erin Koegel Minnesota House of Representatives ServeMinnesota Board Member

**Claire Wilson** Assistant Commissioner, Community Supports, Department of Human Services

Noya Woodrich Executive Director, Mille Lacs Band of Ojibwe, Department of Health & Human Services ServeMinnesota Board Member

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