

The work of the Office of Ombudsman for Long-Term Care is a service of the Minnesota Board on Aging provided free of charge to Minnesotans statewide.



800-657-3591

Attention. If you need free help interpreting this document, call the above number.

ያስተውሉ፡ ካለምንም ክፍያ ይህንን ደብዳቤ ለማተራረጥ ለአስተርጓሚ ከፈለጉ ከላይ ወደተጻፈው የስልክ ቁጥር ይደውሉ።

ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اتصل على الرقم أعلاه.

သတိ။ ကျွန်ုပ်တို့၏စာတမ်းအားအခမဲ့ဘာသာပြန်ပေးခြင်းအကူအညီလိုအပ်ပါက၊ အထက်ပါနံပါတ်ကိုခေါ်ဆိုပါ။

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមហៅទូរស័ព្ទតាមលេខខាងលើ ។

請注意，如果您需要免費協助傳譯這份文件，請撥打上面的電話號碼。

Attention. Si vous avez besoin d'une aide gratuite pour interpréter le présent document, veuillez appeler au numéro ci-dessus.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntawv no pub dawb, ces hu rau tus najnpawb xov tooj saum toj no.

ဟ်သုဉ်ဟ်သးဘဉ်တက့ၢ်. ဝဲန့ၢ်လိဉ်ဘဉ်တၢ်မၤစၢၤကလိလၢတၢ်ကကျိးထံဝဲဒၣ်လိဉ်တိလိဉ်တၢ်အံၤန့ၢ်. ကိးဘဉ်လိဉ်တိနီၣ်ဂံၢ်လၢထးအံၤန့ၢ်တက့ၢ်.

알려드립니다. 이 문서에 대한 이해를 돕기 위해 무료로 제공되는 도움을 받으시려면 위의 전화번호로 연락하십시오.

ໄປຮູດຂາບ. ຖ້າທ່ານ ທ່ານ ຕ້ອງການການຊ່ວຍເຫຼືອໃນການແປເອກະສານນີ້ພໍ, ຈົ່ງໂທໄປທີ່ໝາຍເລກຂ້າງເທິງນີ້.

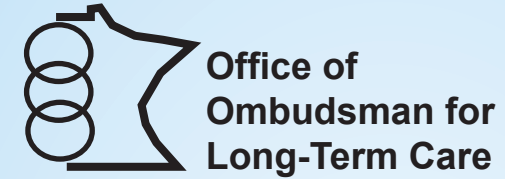
Hubachiisa. Dokumentiin kun tola akka siif hiikamu gargaarsa hoo feete, lakkoobsa gubbatti kenname bilbili.

Внимание: если вам нужна бесплатная помощь в устном переводе данного документа, позвоните по указанному выше телефону.

Digniin. Haddii aad u baahantahay caawimaad lacag-la' aan ah ee tarjumaadda qoraalkan, lambarka kore wac.

Atención. Si desea recibir asistencia gratuita para interpretar este documento, llame al número indicado arriba.

Chú ý. Nếu quý vị cần được giúp đỡ dịch tài liệu này miễn phí, xin gọi số bên trên.



For accessible formats of this information or assistance with additional equal access to human services, write to MBA.OOLTTC@state.mn.us, call 651-431-2555 or 1-800-657-3591, or use your preferred relay service. ADA1 (2-18)

Office of Ombudsman for Long-Term Care



A service of the Minnesota Board on Aging, the Ombudsman advocates for adults needing or receiving long-term care.

The office promotes person-directed living that respects people's values and preferences, and works to preserve individual rights.

Minnesota's Ombudsman for Long-Term Care serves all of Minnesota, with staff based in the Twin Cities and regional offices statewide.

Ombudsmen and volunteers work with individuals, their families, health care and service providers and public agencies to ensure the health, safety, well-being and rights of long-term care consumers.

Ombudsmen also work to improve the health care and social services delivery systems through changes in state and federal law and policy.

## Serving

- Nursing home and boarding care home residents
- Those living in other adult care homes, such as assisted living, customized living or foster care
- People receiving home care services
- Medicare beneficiaries with hospital access or discharge concerns
- Anyone seeking information about long-term care services

## Helping

Providing information and consultation about:

- Consumer rights
- Service options
- Facility regulations

Investigating and resolving complaints about:

- Quality of care or services
- Quality of life
- Rights violations
- Access to services
- Service terminations
- Discharge or evictions
- Public benefit programs

Working with service providers to promote a culture of person-directed living

Identifying issues and advocating for change

## Contact us

Phone: 800-657-3591 or 651-431-2555

TDD/TTY: 711

- Calls will be routed regionally  
Office of Ombudsman for Long-Term Care  
P.O. Box 64971  
St. Paul, MN 55164-0971

## Volunteer with the Ombudsman Office

- Receive training and certification to work with regional ombudsmen
- Educate consumers about ombudsman services
- Advocate for quality of life and services through regular visits to residents



LGBTQ + safe



Office of  
Ombudsman for  
Long-Term Care

<https://mn.gov/ooltc/>

