

MINNESOTA KIDS COUNT 2022 Thriving Children, Thriving Minnesota

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children's defense fund minnesota

# **KIDS COUNT: data to improve outcomes**

2022 KIDS COUNT COUNTY FACT SHEET		Child Popula	MINNESOTA flon 1.299,284	Oimsted 38.372	
	ACT SHEET		rths 66.022	2.029	
	Oliveral and	Family Inco		\$82,683	
	Olmsted	Pomily Inco	me \$73,467	\$02,003	
R	CHILDREN LIVING IN POVERTY	CHILDREN ON MN FAMILY INVESTMENT PROGRAM (MFIP)	CHILDREN RECEIVING SUPPLEMENTAL NUTRITION	G COST BURDENED HOUSING UNITS (>30 INCOME ON HOUSING	
	2020 2021		2021	2016 - 2020	
FINANCIAL	2,501/6.6%	1,590	5,085	14,502/22.8%	
	3037/8%   2019	1,286   2020	4,448  2020	-	
ශා	CHILDREN WITHOUT HEALTH INSURANCE	CHILDREN (0-19) ON MEDICAID/MA	MENTAL, BEHAVIORA EMOTIONAL PROBLEM (9 <sup>th</sup> GRADE)	CHILDREN WHOSE FAMILIES VISITED FOOD SHELVES	
V.	2020	2021	2019		
HEALTH AND	1,181/2.9%	14,627/34%	22.2%	41,152	
WELLBEING	1,142/2.9%   2019	13,327/31%   2020	17.355   2016	43,581   2019	
1	FIREARM DEATHS (ALL AGES, ALL CAUSES)	91× GRADERS 1+ ADVERSE CHILDHOOD EXPERIENCE (ACE)	CHILD ABUSE OR NEGLECT (RATE PER 1,000)	CHILDREN IN OUT OF HOME CARE (RATE PER 1,000)	
	1999-2020	2019	2020	<sup>2020</sup> 5	
SAFETY	173	48%	1.9		
	-		1.7  2019	4.7  2019	
0.0	ANNUAL COST OF INFANT CARE	CHILDREN IN CHILD CARE ASSISTANCE PROGRAM	3 - 4 YEAR-OLDS NOT IN SCHOOL	PRETERM BIRTHS	
$\square$	2021	2021	2014 - 2020	2019	
EARLY	\$17,088 Center \$9,724 Family	1,395	56%	150	
		1,219   2020	\$5%  2011-15	102  2015	
	PUBLIC SCHOOL STUDENTS	PUBLIC HIGH SCHOOL GRAD RATE	PUBLIC K-12 SPECIAL ED ENROLLMENT	5 <sup>th</sup> GRADER ALONE AFTER SCHOOL 1+ DAYS PER WEEK	
	2021	2021	2021 - 22	2019	
EDUCATION	24,836	84%	4,305/17.2%	54%	
	24,937   2020	85%   2020	4.244/17.25   2020-21	53%   2016	

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 KIDS COUNT DATA CENTER

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KIDS COUNT<sup>®</sup> is a project of the Annie E. Casey Foundation and a premier source of data on children and families. Each year, the Foundation produces a comprehensive report – the *KIDS COUNT Data Book* – that assesses child well-being in the United States. The indicators featured in the *Data Book* are also available in the Data Center.

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Latest Updates

### datacenter.kidscount.org cdfmn.org



children's defense fund minnesota KIDS COUNT is a project of the Annie E. Casey Foundation. CDF-MH publishes periodic Minnesota KIDS COUNT Data Biooks to share tends in child well-being and forter discussion and data-driven sublictions to improve child automes. Updated October 2023: To access the Minnesota KIDS COUNT Data Biook, all county fact theets and more information about data sources, virit <u>www.cdf-min.cm</u>

### **Every child & family deserves a strong start**

80% of the brain is developed by age three. This means **relationships with caregivers and early experiences—both positive and negative—build the foundations of brain architecture**, which impacts the ability to learn, behavior, and overall health.



# Minnesota families are struggling



- 68% of Minnesotans with children under
  18 reported several days to nearly
  everyday feeling nervous, anxious or on
  edge (compared to 54% for those
  without children)
- 52% were not able to stop or control worrying
- 51% felt hopeless, down or depressed

US Census Bureau, PULSE Survey,

July/August 2022



# Minnesota families are struggling

In summer of 2022, **45% of** Minnesota households with children reported a somewhat or very difficult time paying for usual household expenses in the past 7 days (compared 24% of those without children).

(US Census Bureau PULSE Survey)

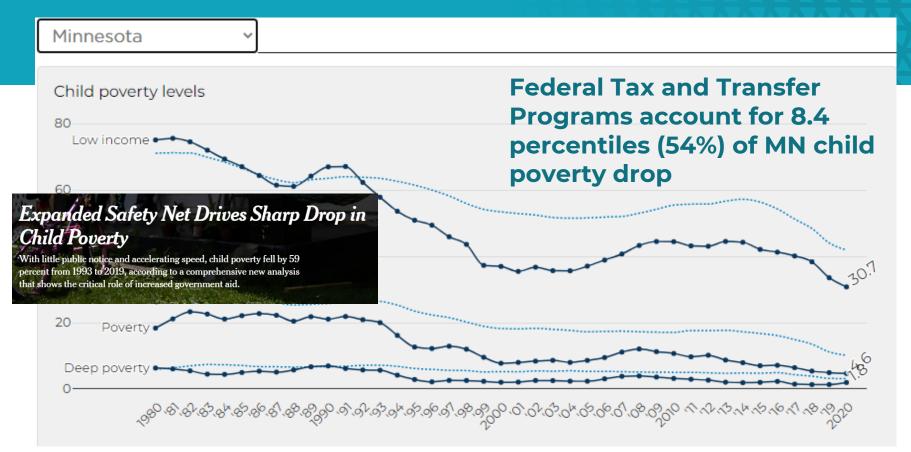




## **Early support matters**

National Academy of Science finds that **modest boosts in** parental income during a child's first years have a striking association with that child's future school and employment success.





Source: www.childtrends.org/publications/state-level-data-forunderstanding-child-poverty



### **Public supports improve family stability**

### Combined Public Supports Pull Blue Earth County Family of Three (Children 1 and 3 years old) Working Full-time at \$15 per Hour Out of the Red

Summary - monthly

Total Expenses and Taxes Income What's Leftover?	\$5,170 \$2,500 (\$2,670)	Reduced Expenses	\$2,575 \$2,500 (\$75)				
Tax Credits - allotted over 12 months							
Total Tax Credits What's Leftover after adding Ta	x Credits	\$701 \$626					





### **Reducing costs for Blue Earth families**

	Health Insur	rance	\$696		\$136		
✓	Medical Assis	tance for Adu	ılts	Free Health Care Coverage Free Health Care Coverage - ineligible -			
✓	Medical Assis	tance for Chi	ldren				
✓	Medical Assis	tance for Pre	gnant Women				
✓	MinnesotaCar	е		- ineligible -			
✓	Advanced Pre	emium Tax Cr	edits (APTC)	Monthly premium of \$136			
			Child Care	\$1,632			\$67
			Child Care Assistance Program (CCAP)			- ineligible -	
			Minnesota Family Investment Program Ch	ild Care		\$67 Co-Pay	
	Food		\$632		\$429		
$\checkmark$	SNAP			- ineligible -			
✓	Women, Infan	nts and Child	ren (WIC)	\$145			
<b>V</b>	Minnesota Family Investment Program (Food Benefit)			\$58			children's defense f

### Flexible support: proven approach

### COMPELLING EVIDENCE SUPPORTS MINNESOTA PARENT SUGGESTIONS

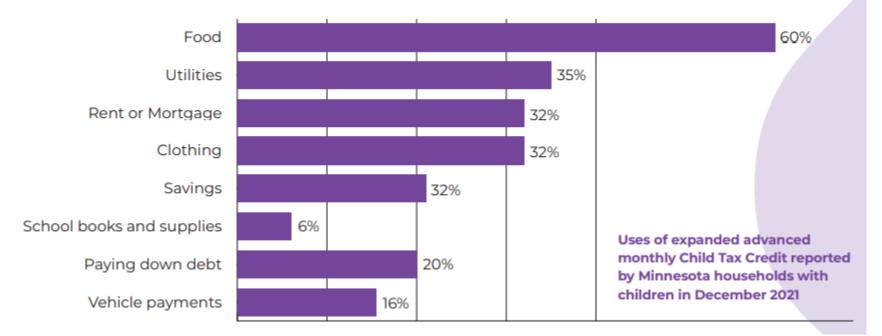
Source: Center on Budget and Policy Priorities

- Unmarried mothers with children under age 3 were 9 percentage points more likely to work with each additional \$1,000 in average EITC benefits (federal plus state)
- State EITCs boosted mothers' annual wages by 32%.
- \$3,000 increase in annual income for children ages 0-5 is associated with a 17% increase in annual earnings as adults.



### MINNESOTA HOUSEHOLDS WITH CHILDREN USED FEDERAL CHILD TAX CREDIT TO COVER BASIC EXPENSES

Source: U.S. Census Bureau Household Pulse Survey

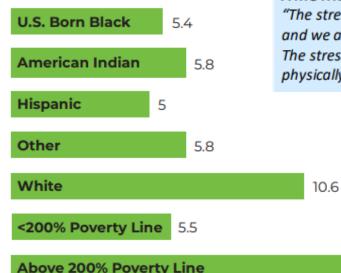




### Lost income adds to new baby stress

### MINNESOTA HEALTH AND ECONOMIC OPPORTUNITY GAPS BEGIN AT BIRTH WITH SHORTER MATERNITY LEAVES Median Weeks of Leave Taken After Birth

Source: MDH-PRAMS 2016-2020



#### A MOTHER'S STORY:

11.1

"The stress of unpaid maternity leave has left my family struggling to survive, to pay bills and we almost couldn't pay rent (I had to borrow money) which then we almost got evicted. The stress of having a baby without paid maternity leave has taken its toll mentally, physically, emotionally, and spiritually." – Minnesota PRAMS Survey Respondent

> 60% of maternity leaves among Minnesota mothers <200% of poverty were completely unpaid



### **Community and culture is an asset**

Family Home Visiting has repeatedly demonstrated powerful impacts on multiple family and child outcomes, including positive pregnancy outcomes, school readiness, child abuse prevention and family self-sufficiency.

"Not only did the program help my son but on an emotional level it helped me since I did not feel alone in this process of being a new mom and not knowing about all these aspects of my child's development." – Lily S



## Every child off to a strong start: 2023



Significant budget surplus along with retrenchment of federal COVID benefits and funding during a time of increased costs and needs.

- Major new investments in childcare and early education; rethinking and coordinating support for families and providers (Great Start Task Force)
- Reducing child poverty and its life long negative impacts with a state level Child Tax Credit building on the success and design of the federal CTC.



## **Every child off to a strong Start: 2023**



- Increasing health and economic stability among families from the start with a statewide Paid Family and Medical Leave Insurance Program.
- Investing in community-generated solutions:
   Community Solutions for Healthy Child
   Development grant program.
- Learning from pandemic era improvements to public program administration:

streamlining, coordinating, simplifying.



### **Questions?**

Thank you for your collective efforts to provide parents and children a strong foundation that prepares them to grow, learn and succeed.

**Questions?** 

