

February 11, 2022

The Honorable Ruth Richardson Chair, Education Policy Committee Minnesota State Capitol 75 Rev. Dr. Martin Luther King, Jr. Blv. Saint Paul, MN 55155

Re: HF 2750 – SUPPORT

Dear Chair Woodson:

The Alliance for Period Supplies is proud to support House File 2750, sponsored by Representative Feist, and its companion bill, SF 3052, sponsored by Senator Cwodzinski, which would require school districts and charter schools to provide menstrual products at no charge in restrooms used by students in grades 4 to 12.

The Alliance for Period Supplies is comprised of over 120 independent nonprofit organizations across 37 states and Washington, D.C. that collect, warehouse, and distribute period products to those in need.

The provision of menstrual products is vital for ensuring the health, dignity, and full participation of all Minnesotans in public life. Nearly one in four students missed class due to a lack of access to menstrual products, and one in five reported not being able to afford the products they needed. Research also shows that 86% of people who menstruate have started their periods unexpectedly in public, and 34% have needed to leave what they were doing to retrieve period products. Such disruptions cost considerable time and resources, which can be particularly burdensome on youth, low-income people, unhoused people, and other vulnerable populations.

In addition to resource costs, a lack of access to menstrual products can also cause serious health issues, including emotional duress, physical infection, and disease. Inadequate menstrual support is also associated with other health and psycho-social issues, particularly among low-income people. In addressing these issues, HF 2750 and SF 3052, promotes equity for people who menstruate.

By providing menstrual products in schools, Minnesota helps ensure its students have equal access to education and are empowered to reach their full potential. Research shows that students lacking access to period products experience higher rates of absence and are less able to focus





and engage in the classroom. Significantly, after New York City passed a law providing free menstrual products to students, participating schools saw a 2.4% increase in attendance.

Passing HF 2750 and SF 3052 is a critical step toward removing barriers to equity for all Minnesotans who menstruate, especially those who have struggled to access menstrual products due to gender or income. For all of these reasons, Alliance for Period Supplies asks for your support for this important legislation.

Sincerely,

Phillip Vander Klay

Alliance for Period Supplies