BCOW AMHI Mission Statement

To develop, support, promote and participate in a comprehensive community based mental health system, that will bring together the necessary programs and services to assist individuals and families in their management of mental illness and recovery. Our vision will be accomplished through the utilization of models of delivery that include consumers, family members, public and private providers, advocates and a broad array of community resources.



Becker County

218-847-5628

Clay County

218-299-5200

Otter Tail County

218-998-8150

Wilkin County

218-643-8013

Productive Alternatives



Crisis
Stabilization
Unit

218-998-2525

Call Toll Free At:

1-888-354-3707

Available 24/7

Free of Charge

(Insurance Billable and Grant funded)

1013 N. Tower Rd
Fergus Falls, MN 56537

Productive Alternatives

Crisis Stabilization Unit

Mental Health Crisis
Residential Facility

An Adult

PAI Crisis Stabilization Unit (C.S.U.)

What is it?

PAI Crisis Stabilization Unit (CSU) is a 4 bed, short-term stay (up to 10 days), <u>unlocked</u> facility located in Fergus Falls, MN. The CSU was created in conjunction with BCOW (Becker, Clay, Otter Tail and Wilkin Counties) to provide a service for adults experiencing a mental health crisis such as depression with suicidal ideation, high anxiety and panic attacks.



The Goal of the Crisis Stabilization Unit:

To assist client in regaining baseline level of functioning using:

- A Stabilization Treatment Plan with Client Goals
- A Crisis Prevention Plan with crisis skill strategies
- A Discharge Plan with Resources

Referral Sources:

Physicians • Psychiatrists • Crisis Teams Mental Health Professionals



Admissions Criteria:

(The CSU is a **voluntary** stay program only)

- 18 or Older
- Experiencing a mental health crisis
- Capable of self care skills
- Not medically compromised
- Not in need of Detox Services
- Not of imminent harm to self or others



Service Area Priorities:

1st BCOW

(Becker, Clay, Otter Tail, Wilkin) Clients

2nd Region 4S (Douglas, Grant, Pope, Stevens, Traverse) Clients

3rd State of Minnesota

