

Nick Stumo-Langer

From: Kayla Tilkins <olso6207@umn.edu>
Sent: Wednesday, March 1, 2023 9:33 AM
To: Peter Fischer; Luke Frederick; Debra Kiel; Jeff Backer; Dave Baker; Brion Curran; Heather Edelson; Elliott Engen; Leigh Finke; Jessica Hanson; Kim Hicks; Mohamud Noor; Paul Novotny; Nick Stumo-Langer
Subject: Support for HF1436

Dear Representative Fischer and members of the Human Services Policy Committee,

I am writing this e-mail in enthusiastic support of HF 1436 and the programs and funding outlined in the bill which would invest in training and support for mental health professionals, particularly those caring for children, in the state of Minnesota. The provisions in this bill which would improve pediatric mental health training would be extremely beneficial to my training and the training of all pediatric primary care providers in the state of Minnesota.

Mental health concerns are on the rise. So many of our clinic's primary care patients have mental health concerns at every visit whether that be anxiety, depression, ADHD, suicidality, substance abuse, etc in addition to their health concerns. Wait lists for mental health specialists can be as long as 9 months and I would love more training to help my patients in the meantime. I know that if I had improved training in mental health care, I would be able to get these patients the care they needed sooner and more effectively.

I hope you'll vote yes on HF1436. It's a tremendously important investment in the health and wellbeing of young people in the state of Minnesota.

Kayla Tilkins
Voting District: 64A

--

Kayla Tilkins, MD
Chief Resident
She/Her/Hers
olso6207@umn.edu