



Core Programs:

- Community Cooks Workshops
- Urban Agriculture
- Youth Training and Opportunities Program
- Northside Fresh
- Breaking Bread Cafe & Catering
- West Broadway Farmers Market
- Station 81 Drink & Eatery

Appetite For Change

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Support Health, Wealth & Social Change

Mission & Vision

Appetite For Change (AFC) is a community led nonprofit that uses food as a tool to build health, wealth, and social change in North Minneapolis and beyond.

North Minneapolis lacks safe, engaging spaces for the community to gather and connect, and those that revitalize and beautify the main commercial corridor, West Broadway Avenue, making it walkable and more accessible to residents. AFC has been providing such a space since 2015, including one of very few full service restaurants serving made from scratch meals and providing jobs to community members on the Northside.

In just 10 years, we have gone from a start-up organization with an operating budget of less than \$25,000 to a \$4 million organization that has employed hundreds of people, and improved the lives of thousands. AFC has become a food justice leader in North Minneapolis, the State of Minnesota and even globally.

The Project

We envision an “AFC Campus”, providing a wealth of services, gathering spaces, community revitalization and food retail options. Our forever home will retain 79 (31FTE) current jobs at AFC and will create an estimated 50 jobs initially, and another estimated 30 jobs annually through expanded social enterprises, and expanded training/employment opportunities. This pre-design project will make possible the acquisition and construction of our new home which will support our expanded programming and enterprises.

Your Support

AFC requests \$531,750 (FY2023) in Bonding Funds be appropriated from the general fund to the Commissioner of DEED for a grant to Appetite for Change, a 501(c)(3) nonprofit organization, for site selection planning and pre-design for a facility that will provide access to food, workforce development, urban agriculture, and health and wellness services.



Executive Summary

Our Programs

Community Cooks | Free weekly cooking workshops designed for youth, families, and mothers. Participants prepare and eat delicious meals together, learn about nutrition, and engage in group discussion about social change.

Community Cooks Meal Boxes brings the workshop to participants' doors, delivering locally-sourced ingredients, fresh recipes, and cooking tips to more than 400 households every week.

» afcmn.org/mealbox

Urban Agriculture | Our seven urban farm sites offer space for community members and youth to connect with the land and their food. We grow over 10,000 pounds of chemical-free produce annually, supplying our cafe, meal boxes, farmers market, and other local vendors with fresh fruits and vegetables.

Youth Training & Opportunities Program | Youth engage in peer-led activities that aid in the development of leadership, organizing, and advocacy skills. Training takes place in the kitchen, garden, classroom, and even the music studio.

Northside Fresh | A network of community members, organizations, and businesses working together for food justice in Minnesota. By building relationships, sharing resources, and advocating for policies, we use the food system to create change in our community and beyond.

» northsidefresh.org

Our Food Ventures

Breaking Bread Cafe & Catering | A fast-casual neighborhood eatery, the cafe brings an affordable and nourishing restaurant option to North Minneapolis. With from-scratch and plant-based options, the menu celebrates the culinary legacy of Black Americans. Full service catering is available across Minnesota with customizable menus for events of any size.

» breakingbreadfoods.com

West Broadway Farmers Market | A diverse community-led space offering fresh produce, local food, and arts from the Northside as an alternative to conventional food access points in North Minneapolis.

» afcmn.org/wbfm

Station 81 Drink & Eatery | A restaurant and bar with private dining space in downtown St. Paul. This social enterprise offers commuters, residents, and office workers alike local, affordable, and chef-driven food options inside the historic Union Depot. Every meal enjoyed at Station 81 directly supports AFC's mission.