

Dear Committee Chair and Members of the Committee,

My name is Maggie Kirkwood. I am a Minnesota resident, certified psychedelic practitioner, and founder of North Node™, an initiative focused on education, integration, and intentional approaches to expanded states of awareness.

I am writing in support of HF4577 and the proposed psilocybin therapy pilot program.

Through both my professional work and lived experience, I have witnessed the profound potential of psilocybin to support individuals navigating depression, addiction, trauma, and major life transitions. When approached responsibly, with proper education, preparation, and integration, this work can create meaningful and lasting change.

I have personally experienced the impact of psilocybin in healing patterns of addiction and reconnecting to a sense of inner stability and well-being. This work, when done responsibly, does not create escape — it creates awareness, accountability, and real transformation.

A regulated pilot program in Minnesota would:

- Provide safe, structured access for those in need
- Allow for data collection and evidence-based implementation
- Reduce stigma while prioritizing public health and safety

Minnesota has an opportunity to lead with both compassion and responsibility. This bill is not about broad access, but about thoughtful, controlled exploration of a therapeutic model that is already showing promising results across the country.

I respectfully urge the committee to support HF4577 and continue advancing this important work.

Thank you for your time and consideration.

Sincerely,

Maggie Kirkwood



MAGGIE KIRKWOOD

Founder, North Node™ | Integration Guide | Host, Minds on Mushrooms Podcast

Email: maggie@explorenorthnode.com

Phone: 612.481.1387

Website: www.explorenorthnode.com

Podcast: www.mindsonmushrooms.com

Schedule a Call: <https://calendly.com/explorenorthnode/45min>

Neuroscience-informed. Heart-led. Consciousness-centered.