



February 2, 2021

Re: HF 375

Chair Fischer and Members of the Behavioral Health Committee:

We are writing in support of HF 375 that would allow individuals who are 16 and 17 to consent to outpatient mental health treatment. While it is always wise to involve family in an individual's mental health treatment, there are circumstances where a young person needs privacy to discuss their issues. This is especially the case for individuals struggling with gender and sexual identity, and for young people who are homeless and in need of support. In such situations, we advocate for minors ages 16-17 providing informed consent for their own outpatient psychological treatment.

Sincerely,

Jordan Robinson, PhD, LP, ABPP-CN
President
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Trisha Stark, PhD, LP, MPA, MJ
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