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***Hiawatha Bluffs Living and Bluffview Board and Lodge: Regional Housing Programs***

***Both Programs: 24 hour/ staff, 7 days a week, up to 30 rate 2 beds***

- Assist individuals with serious mental health conditions with or without substance abuse needs, who are experiencing barriers to securing stable community living.
- Provide tenancy supports to assist an individual with finding their own home, landlord negotiation, securing furniture and household supplies, understanding and maintaining tenant responsibilities, conflict negotiation, and budgeting and financial education.
- Provide supportive services to assist with basic living and social skills, household management, monitoring of overall well-being, and problem solving.
- Provide employment support to assist with maintaining or increasing employment, increasing earnings, understanding and utilizing appropriate benefits and services, improving physical or mental health, moving toward self-sufficiency, and achieving personal goals.
- Provide health supervision services to assist in the preparation and administration of medications
- Available for individuals who are residents of Winona, Wabasha, Goodhue, Fillmore, Houston, Steele, Dodge, Waseca, Mower and Olmsted Counties
- Rely on a variety of grant funding that has become more competitive each year.
- Goal is to help people become as self-sufficient as possible.

***3 other Board and Lodge Settings: One since 1980's; up to 23 rate 2 beds***

- All three additional settings have up to 23 individuals in each of the settings receiving the above supports and services beyond bed and meals.

***In addition to housing, programs provide:***

- Telehealth
- Adult Rehabilitative Mental Health Skills (ARMHS)
- Case Management , Medication Management, Peer Specialist
- Transportation Service
- Crisis Intervention