



Our Children Are Sacred 2022



A national endeavor by and for Indigenous people to reduce the impact of FASD in Indian Country

1. Prevention of FASD in Indigenous communities

- a. Public Service Announcements on [Good Health TV Network](#)
 - [PSA #1](#)
 - [PSA #2](#)
- b. Trainings at tribal colleges
- c. Community outreach with public awareness materials
 - Indigenous health fairs, powwows, community baby showers, neighborhood festivals, traditional gatherings
- d. Community grants: programs designed to support American Indian women who are pregnant or recently delivered a child and have a history of alcohol use disorders through reconnection with culture, support groups, case management, home visits, ceremonies, and traditional teachings.
 - [Division of Indian Work \(DIW\)](#)
 - [Minneapolis American Indian Center \(MAIC\)](#)
 - [Minnesota Indian Women's Resource Center \(MIWRC\)](#)
 - [Native American Community Clinic \(NACC\)](#)

2. Understanding needs of Indigenous communities

- a. Co-Creation team of 11 Native American leaders
- b. Listening sessions in tribal communities
- c. Annual Convening on FASD in Indian Country to gather feedback from communities and tribal leaders
- d. Wilder Research Study: Key Informant Interviews with Service Providers to American Indian Communities (2013)
- e. Presenting and participating in conferences
 - National Indian Child Welfare Association (NICWA)
 - Minnesota Indian Education Association
 - International Meeting on Indigenous Child Health

3. Support for families of Indigenous people with FASD

- a. Our Children Are Sacred App

The Our Children Are Sacred app is designed to support Native American families, helping them to remain healthy and deeply connected to their tribal ways. All of the content on the app, including

videos, songs, imagery and written word, is created through the invaluable insight and guidance of our co-creation team and Indigenous content creators from all over the country who are passionate about supporting and empowering their communities.

App content covers topics like the basics of FASD, FASD in Indigenous communities, traditional teachings, trauma and its impact on mental health and cultural support available to families. There's an entire content section called Returning to Culture that includes traditional teaching from Elders, self-care practices, songs and stories, encouraging words and phrases in different Indigenous languages, and information about ceremonies and other traditional practices.

Download the free Our Children Are Sacred app TODAY!

[iPhone](#)

[Android](#)

b. FASD and Indian Country webinars

A 3-part webinar series about FASD in Indian Country. Please see the links to each recorded session below:

[Part One: FASD in Indian Country](#)

[Part Two: Continuing the Discussion](#)

[Part Three: The Medicine Wheel Approach to FASD](#)

c. Division of Indian Work Curriculum (funded by a Proof Alliance community grant)

DIW is developing an American Indian-focused FASD curriculum that will use culture, tradition, and modern methodologies to guide program participants along their journey as they gain knowledge about FASD and best practices to manage it.

d. Indian Health Board FASD Toolkit <http://www.fasdtoolkit.com/> (funded by a Proof Alliance community grant)

4. Education for health providers on FASD and provision of culturally informed care for Indigenous patients

a. A course on our Learning Management System: *Effective Communication Tools for American Indian Patients*

b. Clinical-Academic Partnership with St. Catherine's University School of Nursing: Nursing student rotation at the Proof Alliance FASD Diagnostic Clinic to learn about FASD diagnosis and care coordination for families of Indigenous children diagnosed with FASD

c. SAFEST Choice Learning Collaborative: tribal clinic teams and community health clinics learn about screening for prenatal alcohol exposure and FASD within prenatal and pediatric practices. Past and current clinics that serve primarily Indigenous patients include:

- Minnesota: Indian Health Board, Mino-Bimaadiziwin Red Lake Wellness Clinic
- Other states: South Dakota Urban Indian Health, Fort Thompson Indian Health Services, Lower Brule Indian Health Services (SD), Pokagon Health Services Clinic (MI), Passamaquoddy Health Center (ME)