



**Executive Functioning Across Generations[©] :
Accelerating Early Childhood Innovation**

John Everett Till, Senior VP of Strategy and Innovation





UNIVERSITY OF MINNESOTA
Driven to DiscoverSM

Center for
EARLY EDUCATION AND DEVELOPMENT



**FUTURE
SERVICES
INSTITUTE**

BOLSTERING INNOVATION &
EFFECTIVE IMPLEMENTATION



EMPath
Economic Mobility Pathways



**Healthy Families
America[®]**



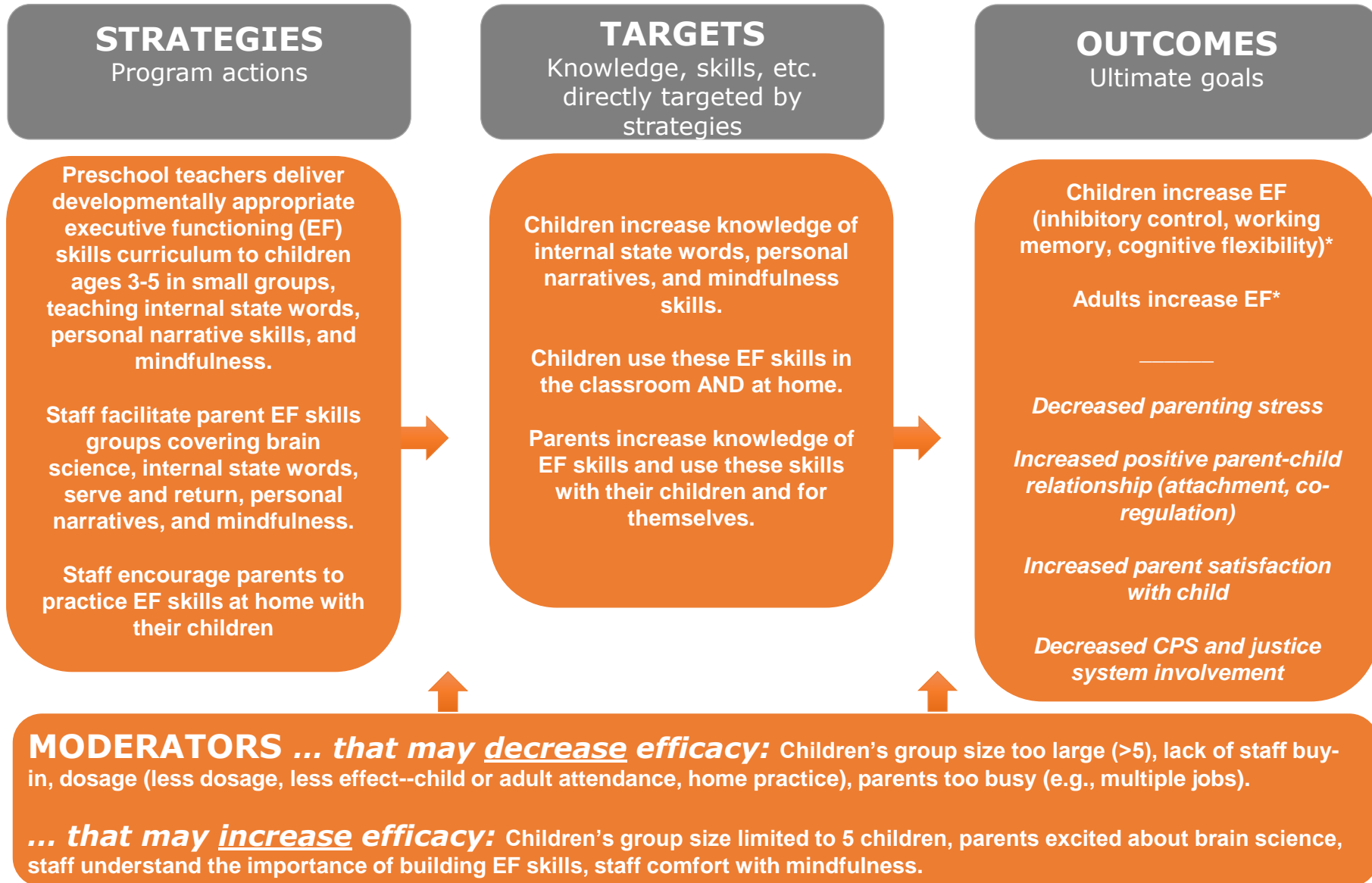
social current
Activating the Power of the Social Sector

One Intervention, Three Ways to Deliver

- Our approach boosts executive function/self-regulation skills in both generations, and buffers children against ACEs and toxic stress
- Executive Functioning Across Generations uses a language-based approach with children ages 3-5 and their caregivers:
 - Learning internal state words used in self-regulation
 - Creating personal narratives about emotionally significant events
 - Practicing mindfulness skills that increase resiliency
- Curriculum is designed for delivery in:
 - Preschool/Head Start Classrooms
 - Family Home Visiting Programs
 - Parenting Group Programs



Executive Functioning Across Generations – Core Preschool Model



**Executive Function outcomes with existing measures*

Preschool Core Model

Executive Functioning Across Generations© is a two-generation (2Gen) intervention designed to boost executive functioning with children and parents

- **Children's Curriculum (3-5 year olds)**
 - Daily delivery in groups of 5 children, 26 lessons
 - 6-8 weeks for delivery, 45 minutes per day
 - Focus on acquisition of Internal State Words, development of Personal Narratives, Mindfulness skills
 - Books, songs, activities
- **Parents' Curriculum**
 - Group delivery, 3 sessions, about 2 hours with breaks and food
 - Help parents learn practical brain science
 - Focus on recognizing and supporting children's acquisition and use of Internal State Words, development of Personal Narratives, Mindfulness skills
 - Curriculum familiarizes parents with types of activities used with children



Goal with HF 3272

- Scale to 15 sites, each one implementing at least one delivery approach (preschool, family home visiting, parenting group)
- Engage program sites across Minnesota and ensure demographic diversity of children and families
- Accelerate brain science-informed innovation in early education and parenting programs with
 - Solid implementation support from project team
 - Use evaluation partners experienced with the project models

For More Information:

- John Everett Till, Senior VP of Strategy & Innovation (The Family Partnership) – model developer for Executive Functioning Across Generations, jtill@thefamilypartnership.org, 612-728-2086
- Also see the “Our Approach” section of the TFP website:
<https://www.thefamilypartnership.org/our-approach/>

Questions?

