

# HOUSE RESEARCH

## Bill Summary

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**Authors:** Welti and others

**Subject:** Mental health instruction encouraged for students in grades 7 to 12

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### Overview

Encourages school districts to provide age appropriate mental health instruction to students in grades 7 to 12 that is consistent with applicable national health education standards, state-developed health and physical education benchmarks, and best practices in mental health education, and directs the education commissioner to assist districts with model learning activities and a resource directory.

#### Section

- 1** **Mental health education.** Encourages school districts to provide mental health instruction for students in grades 7 to 12 that is aligned with local health and physical education standards and integrated into existing programs, curriculum or the school environment. Directs the education commissioner, in consultation with mental health organizations, to assist districts with: (1) age appropriate model learning activities that are consistent with the mental health components of the National Health Education Standards and health and physical education benchmarks developed by the department's quality teaching network in health and physical education, and best practices in mental health education; and (2) a directory of resources for planning and implementing age appropriate mental health curriculum and instruction in grades 7 to 12.