

# HOUSE RESEARCH

## Bill Summary

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**Subject:** Maternal depression

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### Section

#### Article 1: Health Care

- 1 **Postpartum depression education and information.** Amends § 145.906. Requires the commissioner of health to reduce racial disparities in postpartum information reported in surveys of maternal attitudes and experiences.
- 2 **Maternal depression; definition.** Creates § 145.907. Defines “maternal depression” as depression or other perinatal mood or anxiety disorder experienced by a woman during pregnancy or during the first two years following the birth of her child.
- 3 **Establishment; goals.** Amends § 145A.17, subd. 1. Requires family home visiting programs to target families in which a family member has a serious mental health disorder, including maternal depression.
- 4 **Maternal depression screening and referral.** Amends § 245B.04, by adding subd. 22. Paragraph (a) instructs the commissioner of human services to provide technical assistance to providers to improve maternal depression screening.  
  
Paragraph (b) instructs the commissioner of human services to monitor maternal depression screening and referral rates and the impact of screening and referrals.
- 5 **Pregnant women; dependent unborn child.** Amends § 256B.055, subd. 5. Provides that a woman is considered pregnant for two years postpartum. Current law states a woman is considered pregnant for 60 days postpartum.

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- 6 **Pregnant women; needing unborn child.** Amends § 256B.055, subd. 6. Provides that a woman is considered pregnant for two years postpartum. Current law states a woman is considered pregnant for 60 days postpartum.
- 7 **Infants and pregnant women.** Amends § 256B.057, subd. 1. Provides that an infant born to a woman who was receiving MA when the child was born shall remain eligible for MA without redetermination until the child's second birthday.
- 8 **Definitions.** Amends § 256B.0623, subd. 2. Recognizes parenting as a skill or competency to be addressed in adult rehabilitative mental health services.

## **Article 2: Miscellaneous**

- 1 **Interagency child find systems.** Amends § 125A.27, subd. 11. Adds that child find systems should seek out children who have a parent with depression or another serious mental illness.
- 2 **Parental depression.** Amends § 214.12, by adding subd. 4. Requires specified health-related licensing boards to require licensees to receive education on the subject of parental depression.
- 3 **Instructions to the commissioners; plan.** Instructs the commissioners of human services, health, and education to develop a plan to reduce the prevalence of parental depression and the impact of unaddressed mental illness on children. Requires jointly prepared progress reports to the legislature.
- 4 **Repealer.** Repeals § 256J.24, subd. 6 (family cap).

## **Article 3: Appropriations**

- 1 **Mental health consultation.** Appropriates an unspecified amount from the general fund to the commissioner of human services to provide mental health consultation to child care centers, family day care providers, and legally unlicensed family child care providers.
- 2 **Children's mental health grants.** Appropriates an unspecified amount from the general fund to the commissioner of human services for children's mental health grants.
- 3 **Head Start programs.** Appropriates an unspecified amount from the general fund to the commissioner of education to be used by Head Start programs for staff training on maternal depression.
- 4 **Home visiting programs.** Appropriates an unspecified amount from the general fund to the commissioner of health for family home visiting programs.