

H.F. 1944

As amended by H1944A1

Subject Daylight saving time**Authors** Freiberg and others**Analyst** Colbey Sullivan**Date** March 9, 2026**Summary**

This bill would prohibit the state and its political subdivisions from observing advanced standard time, or “daylight saving time,” beginning in November of this year. Under federal law, a state located entirely within one time zone may exempt itself from advanced standard time (United States Code, title 15, section 260a).

This prohibition would expire if Congress authorizes states to opt out of standard time and observe advanced standard time year-round. In that case, a 2021 Minnesota law would take effect and require the state and its political subdivisions to observe advanced standard time instead (Laws 2021, First Special Session chapter 12, article 2, section 20).